

Spendsmart

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How to tackle debt,
know your money mind and
make your cash go further



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Do you dread opening bills and statements? Do you feel like your debts are spiraling out of control? Do you wish you had more money left at the end of the month? Spendsmart authors and money experts Benjamin Fry and Jay Hunt take a unique and holistic approach to helping you deal with all your financial worries. Firstly, Benjamin examines the real reasons behind your overspending, so that you can understand how to change, and then Jay provides you with practical and realistic solutions for spending less. By following their proven 5-step plan, you will be able to identify your debts, learn how to live on a budget without depriving yourself, and apply their strategies to the way you continue to spend money in the future. Packed with budgeting suggestions, helpful questionnaires, realistic tips, and fun ideas, Spendsmart is a must-read for anyone who wants to make their money go further.

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