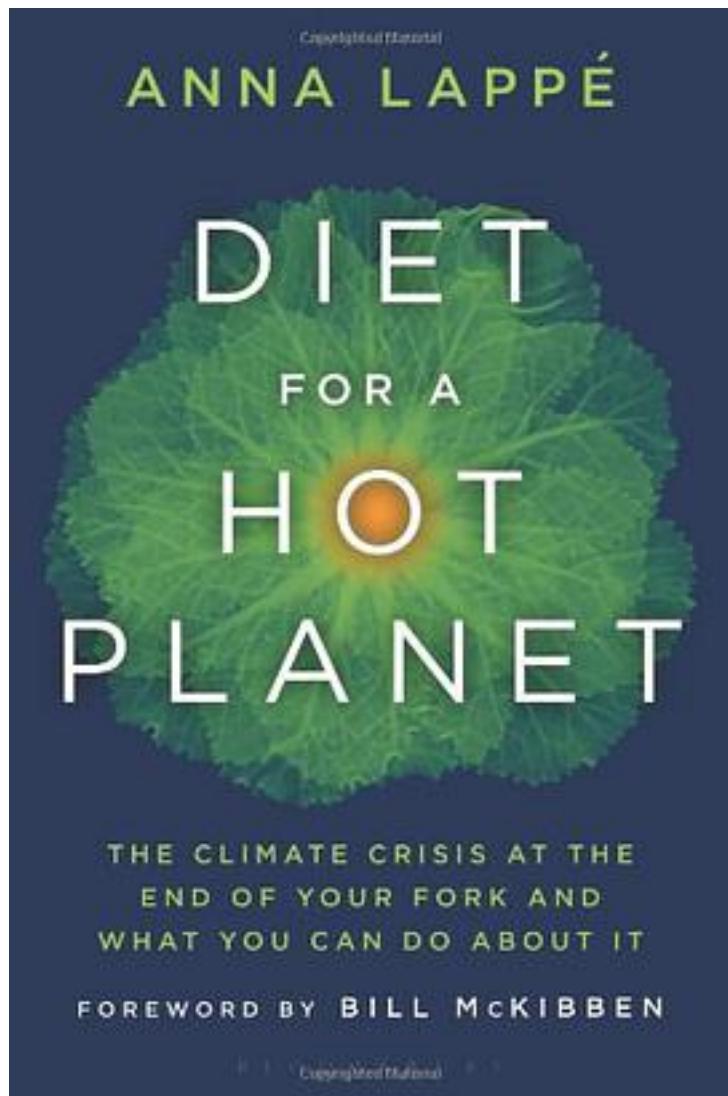


Diet for a Hot Planet



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A crucial piece of the conversation about climate change, "Diet for a Hot Planet" makes the disturbing connection between food production and global warming. In 1971, Frances Moore Lappe's "Diet for a Small Planet" sparked a revolution in how we think about hunger, alerting millions to the hidden environmental and social impacts of our food choices. Now, nearly four decades later, her daughter, Anna Lappe, picks up the conversation. In her groundbreaking new book, the younger Lappe¹ exposes another hidden cost of our food system: the climate crisis. While you may not think "global warming" when you sit down to dinner, our tangled web of global food--from Pop Tarts packaged in Tennessee and eaten in Texas to pork chops raised in Poland, with feed from Brazil, shipped to South Korea--contributes to as much as one-third of the global warming effect. Livestock alone is associated with more emissions than all of the world's transportation combined. Move over Hummer. Say hello to the hamburger. If we're serious about the climate crisis, says Lappe, we have to talk about food. In this groundbreaking book, Lappe exposes the interests resisting this conversation and the spin-tactics companies are employing to defuse the heat. She also offers a vision of a food system that can be part of healing the planet--and the climate. Lappe explores how food can be a powerful entry point for tackling our most pressing environmental problems. With seven principles for a climate-friendly diet and success stories from sustainable food advocates around the globe, Lappe dishes up strategies and stirring inspiration to bring to life food that's better for people and the planet. An engaging call to action, a spirited call for a food system for tomorrow, "Diet for a Hot Planet" delivers a hopeful message during this troubling time.

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目录:

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