

Bullying



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出版者:Jessica Kingsley Publishers

出版时间:2002-03

装帧:Paperback

isbn:9781843100546

Combining theory with hands-on activities, this is a practical anti-bullying resource which emphasizes the need for a whole-school approach to the problem of bullying. The authors offer teachers, students and parents strategies for creating a long-term and positive influence on the school environment as a whole. They discuss topics such as: how to deal with bullying incidents; playground supervision; the role of parents; and developing an anti-bullying policy. They also provide exercises to build self-esteem, develop relaxation techniques and encourage a sense of collective responsibility. Containing lesson plans, photocopy masters and posters, the volume should enable pupils to take an active role in responding to bullying and to work towards a safe and supportive learning environment.

作者介绍:

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