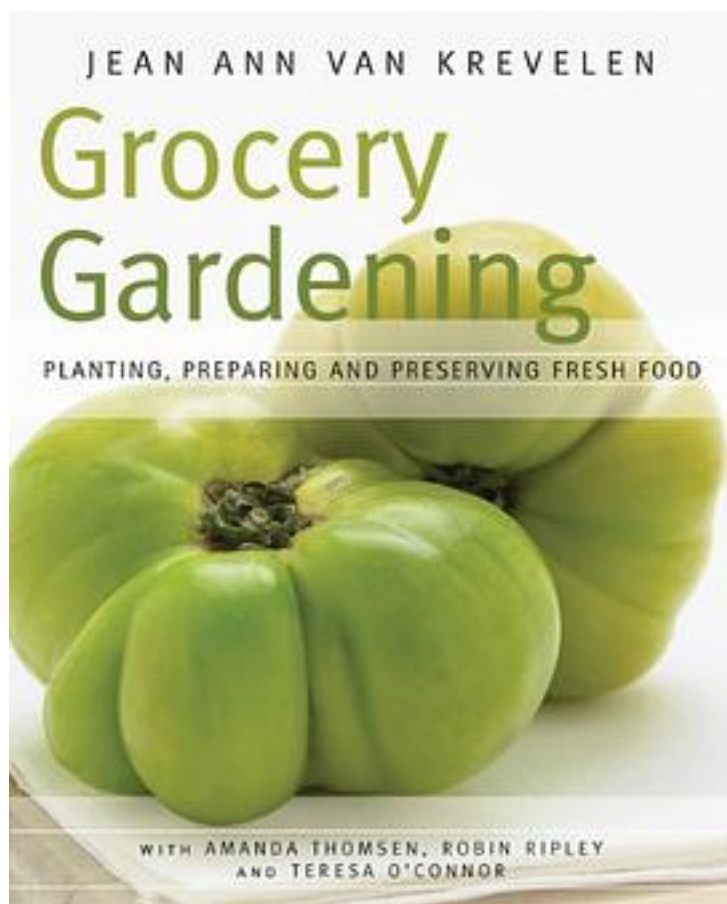


Grocery Gardening



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著者:Jean Ann Van Krevelen

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"Grocery Gardening "includes garden planning, planting, preparing, preserving and nutritional information for each of the more than twenty selected edibles. In addition to tips on when to harvest home grown vegetables, the authors offer advice on how to select the freshest produce at the local market, and select complementary ingredients

to combine with your home-grown edibles. Jean Ann Van Krevelen, together with her team of food and gardening experts and their community of readers, encourage gardeners and non-gardeners alike to plan meals based on what is in season. Whether you buy local or grow your own, the recipes will delight your family with seasonal freshness. Also included is a chapter on preserving your harvest, with tips for freezing, drying, canning and preserving.

作者介绍:

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