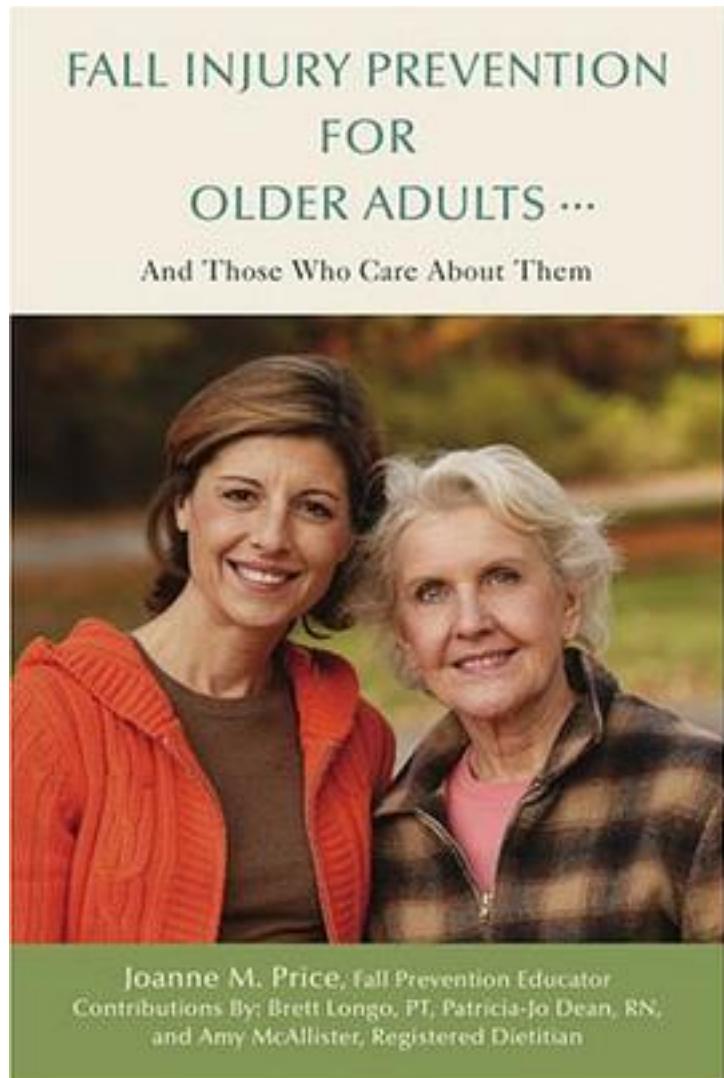


# Fall Injury Prevention for Older Adults ...



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Each year, over 30% of adults ages 65 and over; suffer from fall-related injuries. "Fall Injury Prevention for Older Adults" will help you understand the causes of falling and provides tips for reducing the risk of falls. This guide will help make a difference today in the safety and well-being of yourself and those you love. "I read every page of this book and now truly believe there is much we can do to prevent falls for older adults. This book is full of pertinent information, is easy to read, and is divided into useful sections so you can look up what you need to know as a family caregiver to help prevent falls. It's a resource everyone who is concerned about an older person's safety should take the time to read." -Maggie Marshall, Director of the Caregiver to Caregiver Network, SCRC, San Diego, California "The most delightful thing about this book is that it emerges from the heartfelt interest on the part of the authors . This is all done in a very understandable manner . I have reviewed all the recommendations in this book and endorse them as consistent with modern, evidence-based medicine." -Vert Mooney, MD, Clinical Professor of Orthopaedic Surgery, University of California, San Diego, and President of Measurement Driven Rehabilitation Systems

作者介绍:

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