

The Successful Self

DOROTHY ROWE

THE SUCCESSFUL SELF

FREEING OUR HIDDEN INNER STRENGTHS

“Dorothy Rowe stands out amongst psychologists for her clear insight into human experience”

Independent



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The author's research and therapy is concerned with questions of how we create meaning and communicate with each other. She is also author of "Depression: the Way Out of Your Prison", "Living with the Bomb: Can We Live Without Enemies?" and "Beyond Fear".

作者介绍:

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