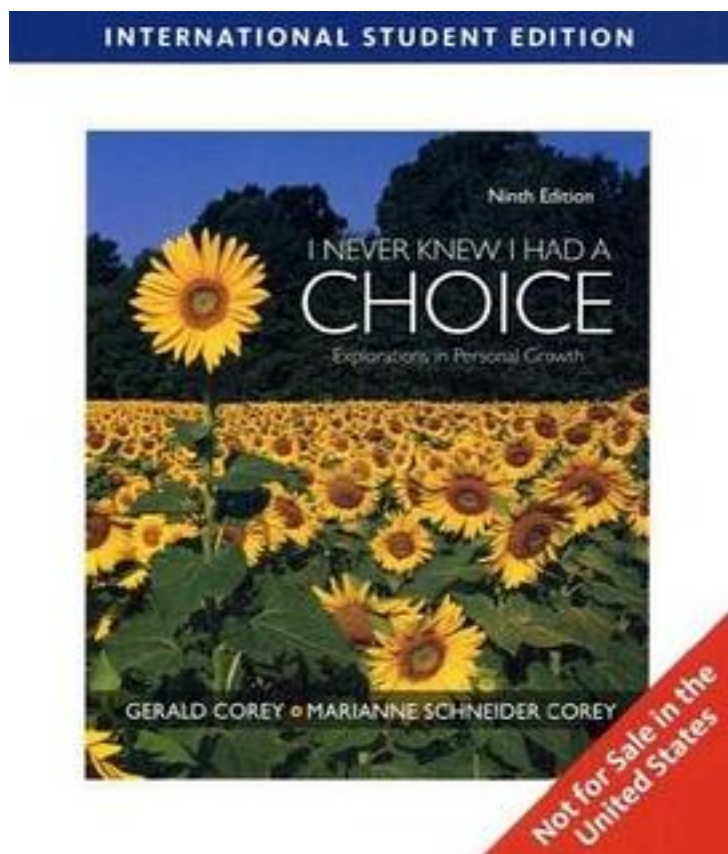


I Never Knew I Had a Choice



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Thousands of readers have used the honest and inspiring I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, 9th Edition, International Edition to focus on their personal growth and effect personal change. Through their warm yet thoroughly research-based discussion of significant dimensions of life, Corey and Corey help students expand their awareness and understanding of the choices

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书评

感觉不错。
比如，做社会心理学的人，国内很多做社会适应的，适应在一个消极的方向上，成长的概念可以在一个积极的方向上。
比如，压力那章，因为我自己就深受压力之苦，所以觉得还是有收获，比如，每天都拿时间做自己喜欢做的事情，是不是每天都做了生活中最重要的事情，拿...

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