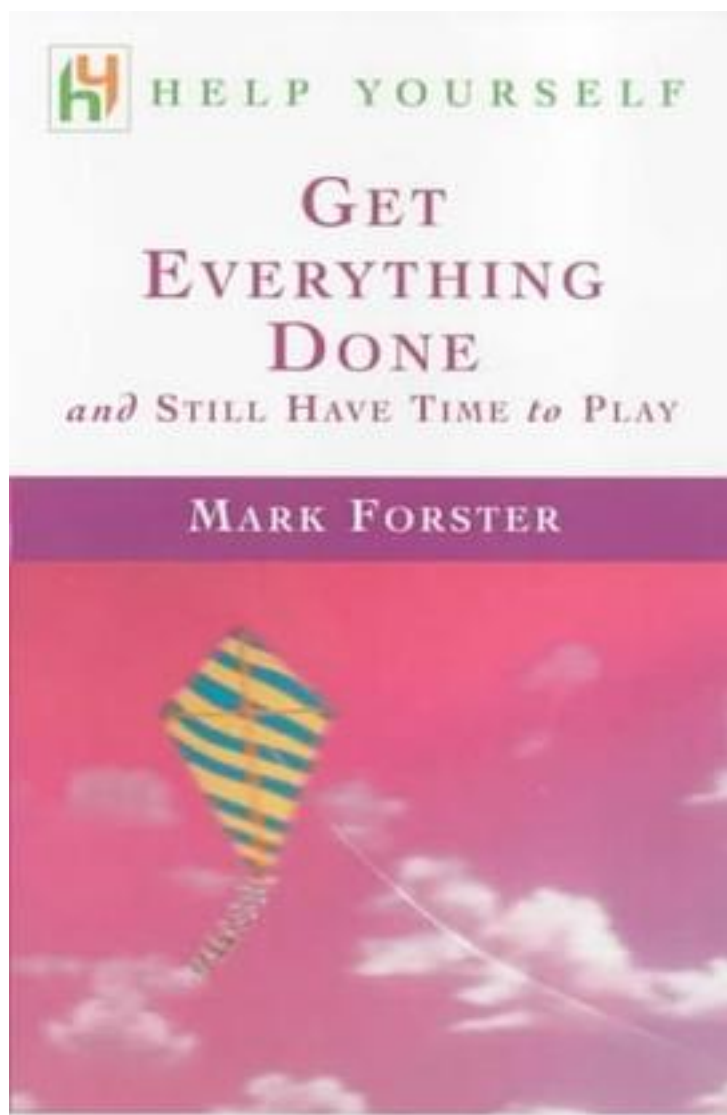


Get Everything Done



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著者:Mark Forster

出版者:Hodder & Stoughton Ltd

出版时间:2000-09-07

装帧:Paperback

isbn:9780340746202

Time is what our lives are made of. Failure to use it properly is disastrous. Yet most books on time management don't work because they take little account of human psychology or the unexpected. This book, written for everyone who has to juggle different demands in a busy schedule, includes lots of help and advice in finding a system that works effectively and leads to more enjoyment of work and leisure. 'I left Mark Forster's time management workshop a changed woman. Yesterday I used his system for a whole day. It was stress-free and fun. I felt energised and satisfied at the end of it.' Sarah Litvinoff

作者介绍:

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