

# Seven Things That Steal Your Joy



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Throughout the Bible, from 'make a joyful noise,' to 'rejoice in the Lord always,' believers are encouraged to be joyful. Not only does joy foster good feelings, but it also promotes strength and health. However, the stresses of the world often make joy difficult to come by. Now, Joyce Meyer offers numerous examples from Scripture to remind readers that God promises a joyful attitude to anyone open to receiving it. She examines the seven pitfalls that prevent most people from living a joyful life and offers solutions to overcoming each of them. Then, in her honest and straightforward style, she encourages readers to make the decision to enjoy life--not just once in a while or when things are going well, but in every circumstance--every day.

作者介绍:

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