

Meze



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Bring some Greek sunshine into your kitchen. The Greek and Lebanese meze is a snack served alone or before a meal, or as part of a whole meal. There are creamy Dips, like Tzatziki and Baba Ghanoush, pint-sized Salads, such as Tabbouleh, and some irresistible Cheese and Savoury Pastries. Beans and Lentils includes a superb version of that vegetarian classic, Falafels, while Vegetables and Rice features favourites such as Dolmathes (stuffed vine leaves) and Imam Bayildi (aubergine baked with garlic and tomatoes). Try great Fish and Seafood, including Mussels in Saffron Lemon Sauce, and Meat and Poultry, such as Chicken or Lamb Kebabs and Keftethes (fried meatballs).

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目录:

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