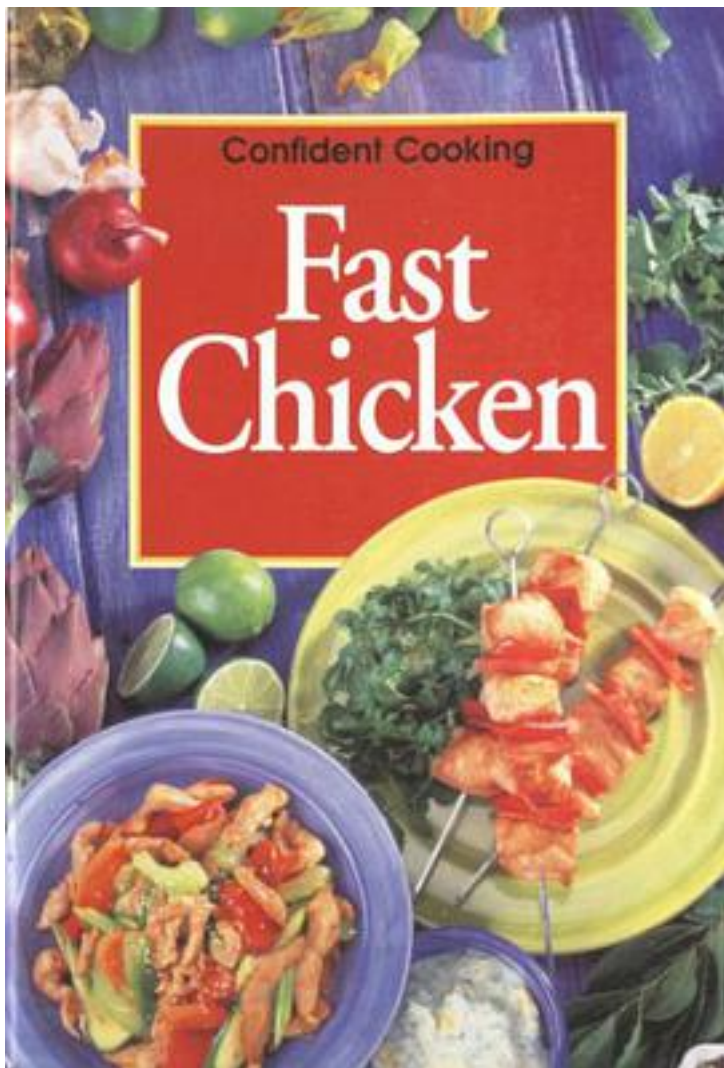


Fast Chicken



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What a relief to arrive home at the end of a hectic day knowing that a nutritious meal is just 30 minutes away. Fast Chicken is an essential companion to any cook-on-the-run with its impressive range of fresh ideas for a quick feast. And we haven't compromised the end result. All the recipes look and taste sensational-so much that your family will be only too happy to wash up afterwards.

作者介绍:

目录:

[Fast Chicken_ 下载链接1](#)

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