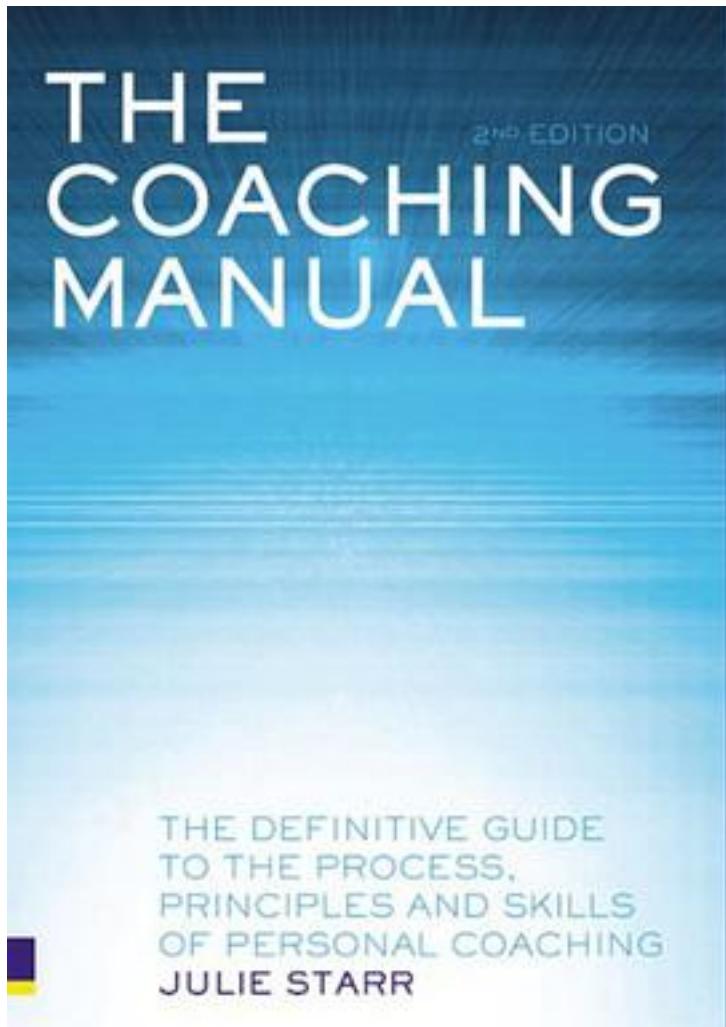


Coaching Manual



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在线阅读本书

The Coaching Manual is the most current, comprehensive, practical, best-illustrated coaching source I have ever seen. It compellingly teaches the mindset of keeping the responsibility on the coachee combined with a powerful, realistic skillset." Dr. Stephen R. Covey, author of 7 Habits of Highly Effective People Are you a good listener? A perceptive observer? Or perhaps you know instinctively when something isn't right'? We are all born with some coaching ability and the key to becoming a great coach is knowing what your strengths are and building on these. The Coaching Manual will help you do precisely this. Starting from where you are now, you'll find all the powerful tools, techniques and guidance you need to take you to where you want to be. Both a complete learning experience and an instant source of fresh insight and tips, the manual is your definitive reference throughout your coaching career. In this edition, you'll find: *The principles, values and beliefs of a good coach *Becoming a coach - key questions and considerations to help take your coaching forward *How to plan a coaching assignment *The Coaching Path' a simple structure for an effective coaching conversation *How a less directive style can produce dramatically different results *What the barriers to a good coaching conversation are and how you can avoid them *Emotional Maturity - how is it both a requirement of you and an improvement you might encourage in others? The Coaching Manual is the foundation resource for coaches everywhere.

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