

# Lonely Planet Cycling France



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Lonely Planet Knows France.

Idyllic countryside rides along tranquil canals, dramatic coastal routes atop rugged sea cliffs, demanding alpine climbs - France offers a wealth of great cycling experiences, and we have chose the crème de la crème , for every interest and ability level. Whether you want a gourmand's tour through vineyard and farmland, or to conquer the principal climbs of the Tour de France in the High Alps, this guide gives you the best of France on two wheels.

In This Guide:

Everything you need to know to get prepared

Bike maintenance tips to keep you on the road

Comprehensive listings for sleeping, eating and facilities along the way

作者介绍:

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