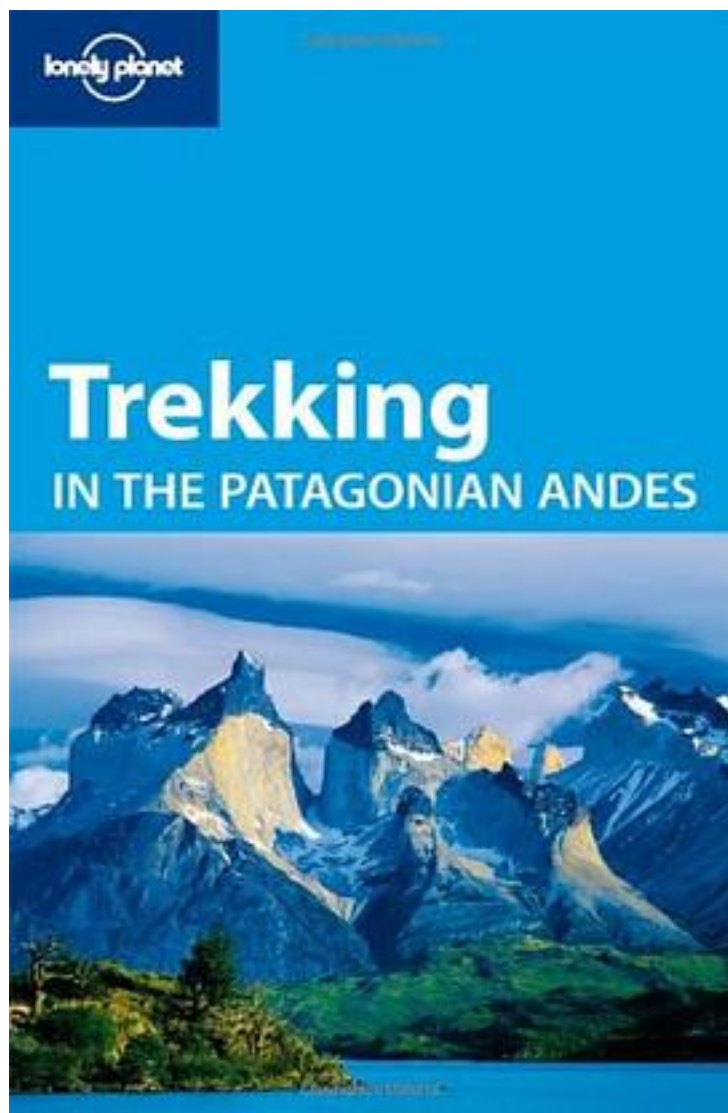


Lonely Planet Trekking in the Patagonian Andes 4th Ed.



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Lonely Planet knows the Patagonian Andes. This vast, varied region is home to some of the world's great treks, with trails that take you through pristine forests to the rims of glaciers, under granite monoliths and over rickety suspension bridges, well beyond the crowds. Our expert author has chosen the best of Patagonia's trekking, from the luxuriant rainforests of the Lakes District to the spectacular wildernesses of Tierra del Fuego. Whether you are an experienced trekker or a first-timer, you're sure to find the ultimate trekking experience here. This guide includes everything you need to know to get prepared, comprehensive listings for sleeping, eating and facilities along the way, and advice on equipment, health and safety.

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