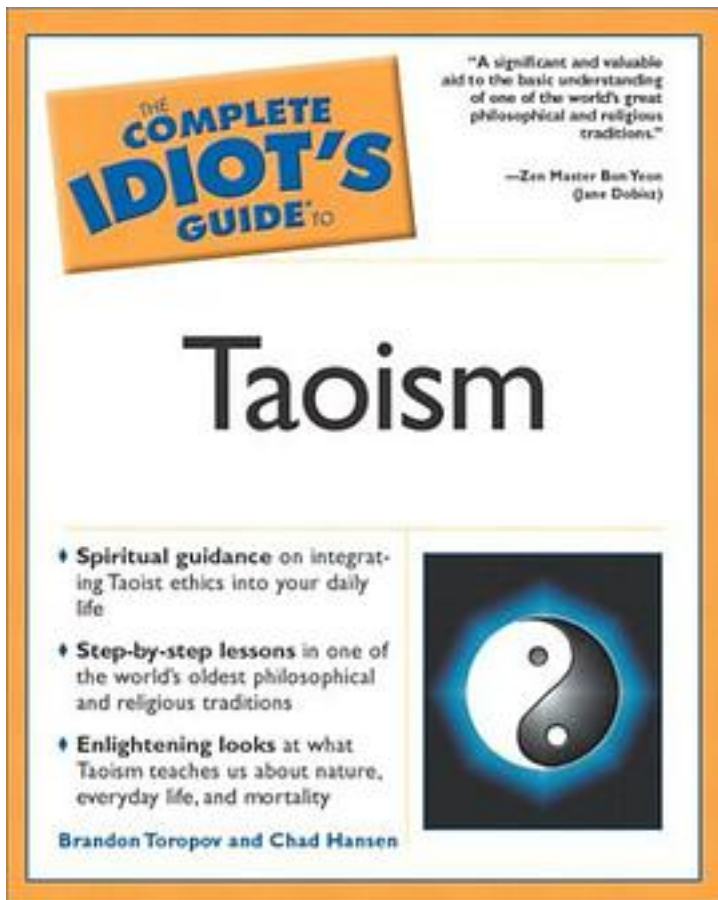


The Complete Idiot's Guide to Taoism



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While many know that Taoism is somehow connected to Buddhism, but they may not understand its far-reaching influence on Eastern philosophy today. Without Taoism, many believe Buddhism would never have caught on--concepts of simplicity and balance come to us from the mixing of Chinese Taoism and Buddhism. The Complete

Idiot's Guide(R) to Taoism continues this tradition in helping people understand the history of Taoism, the interpretations of the Tao te Ching and how to Taoism touches our daily life.

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