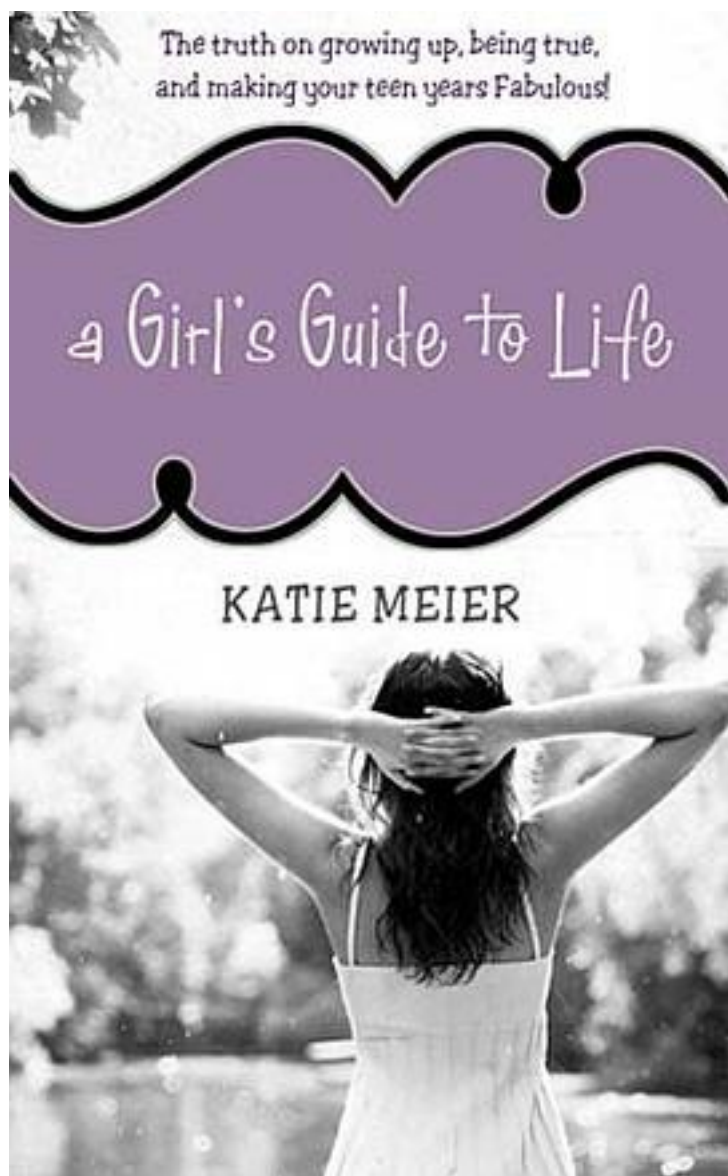


A Girl's Guide to Life



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著者:Katie Meier

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"A Girl's Guide to Life "offers girls a fun, healthy approach to facing their adolescent years. This complete resource helps teenage girls deal with all the traumas, dramas, and triumphs in their lives. The book is divided into Body, Mind, and Soul sections to address the relevant issues in each area of a young woman's life. It's "the" book for any girl wondering what's happening to her body, soul, and mind during these crazy years. Revised and updated to include information on texting, sexting, and the viral cultural in which teens live, this book will help girls navigate their way through what can be a very tumultuous time in life. With conversations with real teen girls, a foundation on God and the Bible, and helpful tips and questions for the reader, girls will gain an encouraging and fresh perspective on their lives. "A Girl's Guide to Life" offers teen girls a new approach to facing their adolescent years.

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