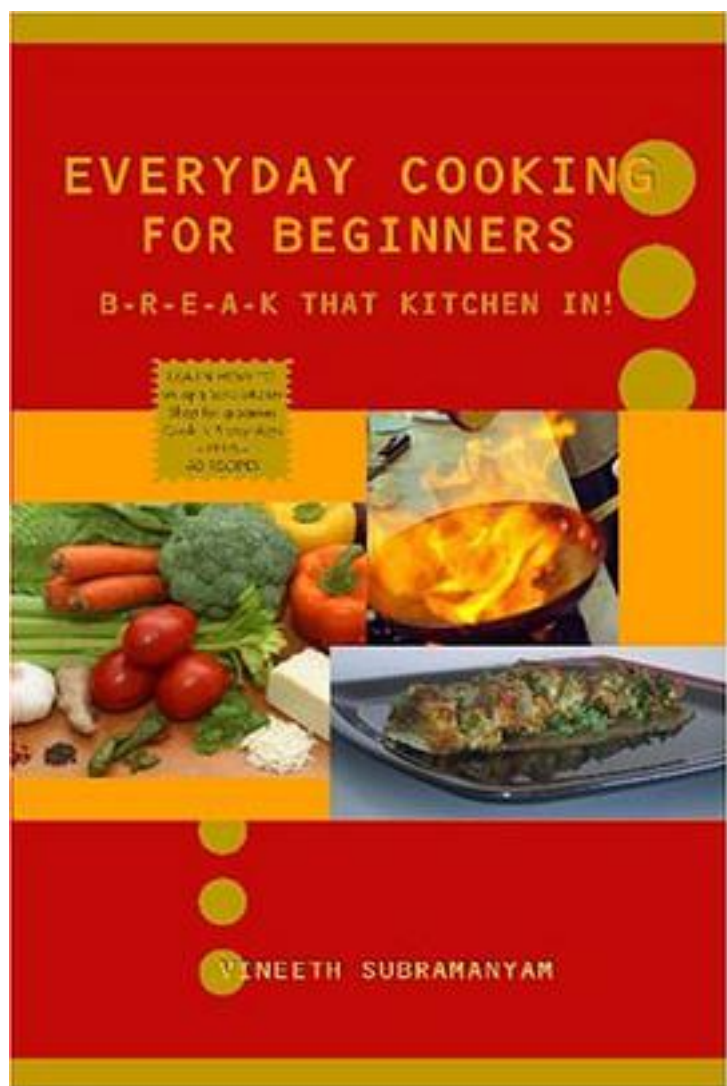


# Everyday Cooking for Beginners



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Everyday Cooking for Beginners: Break your kitchen in! is a simple and practical cooking guide with a refreshingly new approach. This book is not just a recipe list -- it provides help both inside and outside the kitchen and helps novice cooks cross those initial barriers of setting up a basic functional kitchen, shopping for groceries, buying kitchen ware, etc. The book then explains a simple 3-step cooking process that applies to most dishes and contains 40 recipes organized by meal course (breakfast, lunch, dinner, soups, etc.). For a person who is interested in cooking and does not know where to start, this book is a must-have.

作者介绍:

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