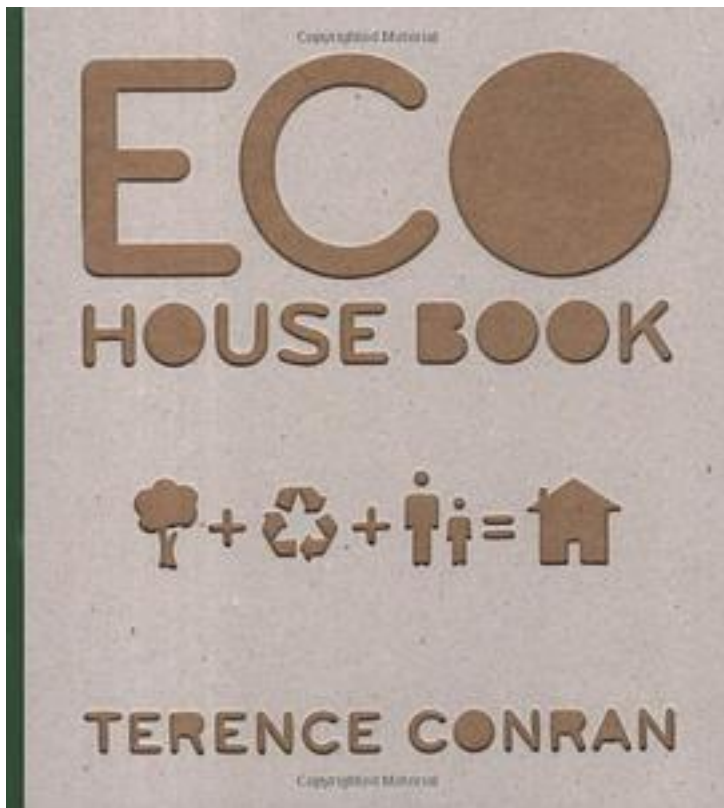


Eco House Book



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著者:Terence Conran

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Buildings are the biggest polluters on the planet, responsible for a far greater proportion of the carbon dioxide emissions that get pumped into the atmosphere every year than cars, planes or factories. Just as we are urged to change our lifestyles to reduce our carbon footprint and consumption of water, there is a great deal we can do to convert our existing homes into greener, healthier places to live. Most homes, even those built relatively recently, are not decorated, designed, constructed or serviced with eco-friendliness in mind. But you don't have to start again from scratch

to make a huge difference to the way your home impacts on the environment. From relatively small and economic changes to more dramatic overhauls, there has never been a better time to green your home. Home improvement has a wider remit these days than simply changing the way your home looks or functions. Environmental issues should be part of every decision you make on the home front - from selecting fabric for soft furnishings to designing and siting a home extension. Including tips, advice on material choices and design directions, "The Eco House Book" provides all the information you need to reduce your home's carbon footprint and in the process directly improve the quality of your life.

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