

All in a Lifetime



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She is everyone's favourite sex therapist; a four-foot-seven dynamo who answers the most intimate questions with disarming candour and heartening warmth. Yet few really know the real Dr Ruth - her loves, her losses and the irrepressible spirit that has helped her through it all - until now. Meet the child orphaned by the Holocaust, the Israeli soldier wounded on her 20th birthday, and the extraordinary woman who has called five countries home. ALL IN A LIFETIME is the revealing autobiography of a fighter who has survived heartache with her spirit intact, including the shattering loss of her husband, and how she's learned to thrive.

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