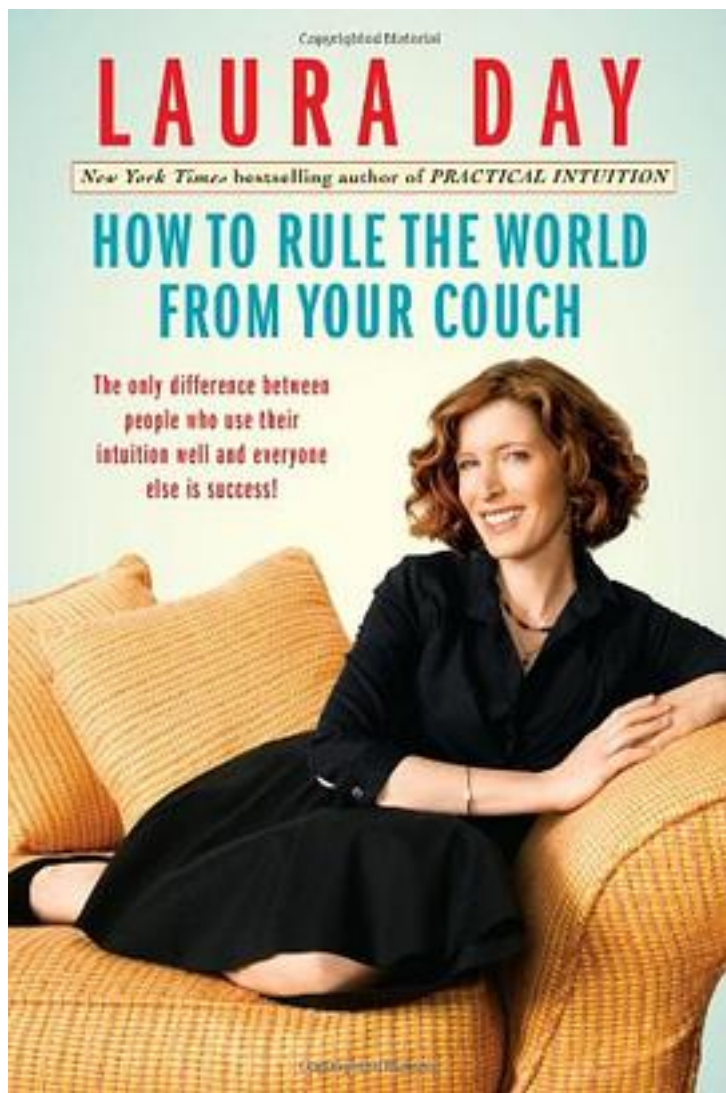


# How to Rule the World from Your Couch



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Laura Day has used intuition and taught tools for employing it to make businesses stronger, to help people find love, heal their own bodies, effectively communicate. Day developed techniques, presented here, to create dazzling results in less time and with less work. You can initiate these techniques from your couch, by using your innate ability to utilize that knowledge that you have inside of you to transmit and receive information and to build a new reality. Everything you learn in this book will make your decisions better, your relationships stronger, your actions more effective and your life easier. The following are just some of the techniques that will be explained in this book. \* Intuition, or flashes of insight gained without using traditional sources of "information" \* Mediumship, or the ability to become someone or something else and view the world from its perspective, which allows you to work from within a person or situation and to directly experience that perspective \* Remote viewing, or the ability to perceive a physical location or person at a distance, which allows you to experience how a person or situation is structured and how to change that structure in a desired way The book will also include an exercise section to develop and hone these skills.

作者介绍:

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