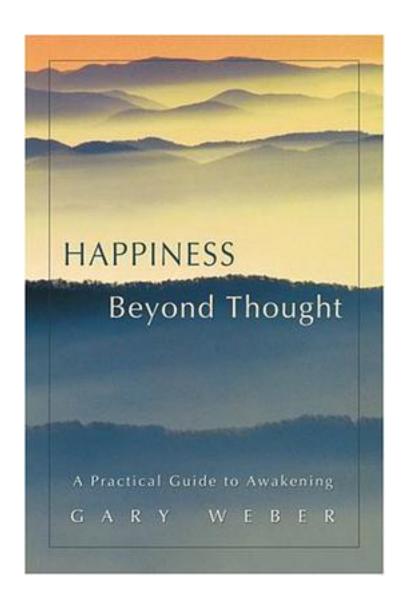
## Happiness Beyond Thought



Happiness Beyond Thought\_下载链接1\_

著者:Gary Weber

出版者:iUniverse, Inc.

出版时间:2007-04-10

装帧:Paperback

isbn:9780595418565

http://happiness-beyond-thought.com/downloads
作者介绍:
目录:
Happiness Beyond Thought_下载链接1_
标签
禅 ····································
评论
a book by my Zen, meditation and Yoga teacher. I put aside his book for so long, until recently after I finally exhausted myself of thinking (Foucault, Derrida, Freud, Lacan, all the feminists and Zen teachings), I turned to him and found that all I needed was sitting still, cross-legged and breathing just like what he instructed in a matter-of-fact tone in this book.
书评