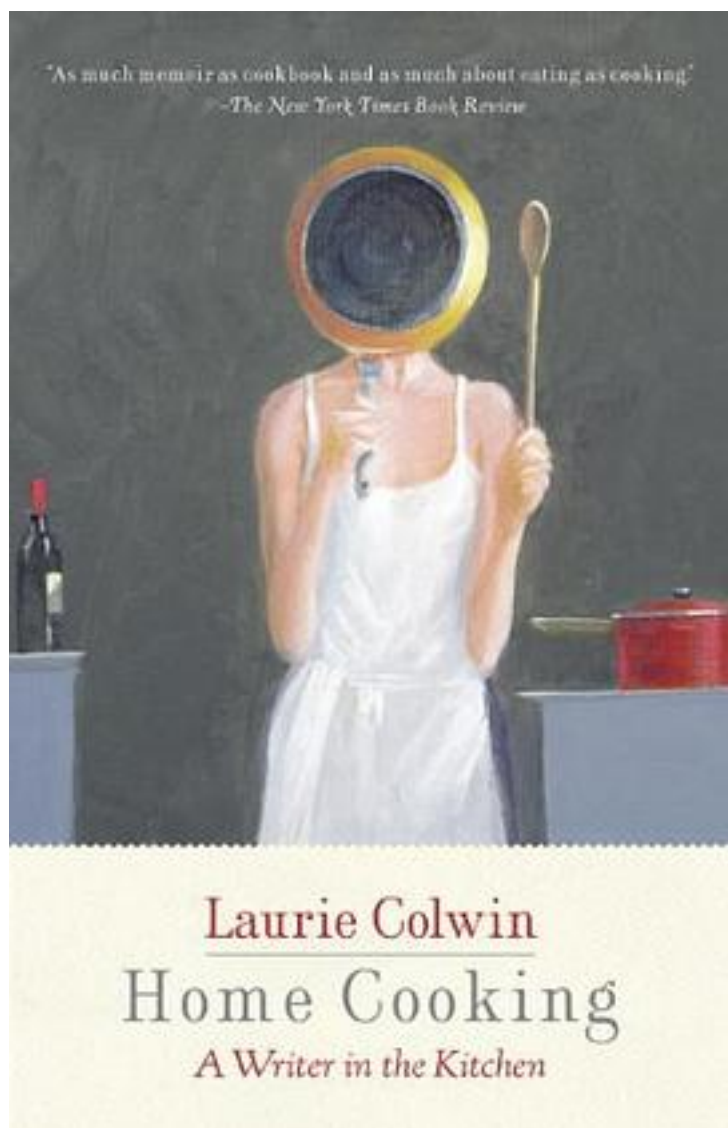


# Home Cooking



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出版者:

出版时间:2009-10

装帧:

isbn:9780007259717

Bestselling TV cook Rachel Allen feeds her family and yours with a collection of easy and delicious recipes that everyone will love, plus handy kitchen tips and tricks to make your life easier. In this, her sixth cookbook, Rachel shows how easy it is to feed your family great food, every day. From school run to bedtime, Rachel has suggestions that even the fussiest eater will love. Treat your loved-ones to nourishing, delicious food with this indispensable, inspirational recipe collection full of wise words, clever hints and tips and, above all, Rachel's irresistible recipes. CHAPTER BREAKDOWN -- Breakfast & Brunch -- Lunch -- Sunday Lunch -- Supper -- Snacks and treats -- Baby Food -- Desserts -- Sweets -- Basics -- Plus handy sections explaining meal planning, home freezing, healthy eating and much more!

作者介绍:

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