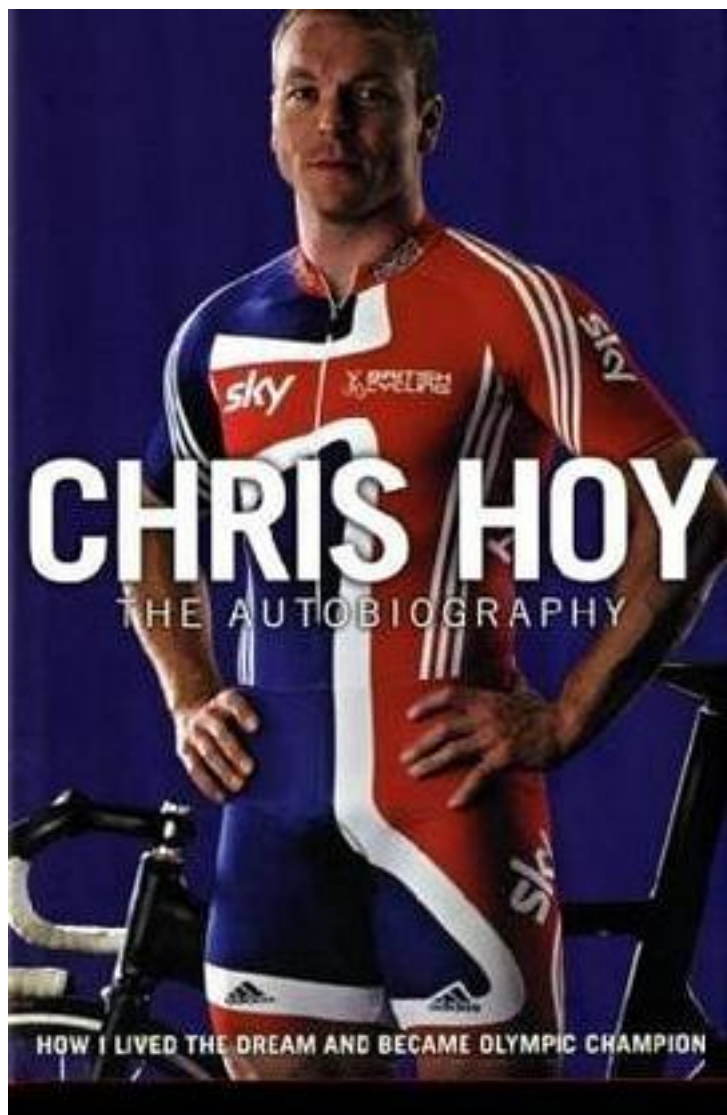


Chris Hoy



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著者:Chris Hoy

出版者:

出版时间:2009-10

装帧:

isbn:9780007311316

The first Briton to win three Olympic golds at the same Games, Scotland's Chris Hoy is a genuine sports superhero. His autobiography charts the life of a seven-year-old BMX fanatic, supported by a devoted dad and his local cycling club, through paralyzing self-doubt and a major career overhaul, to the sport's holy grail. This 32-year-old cycling fanatic from Musselburgh in the suburbs of Edinburgh defied the doubters who thought he would struggle when his specialist discipline, the 1km time trial, was dropped from the Olympics, and went on to reinvent himself as a track cycling sprinter and triple Olympic gold medalist in Beijing. His return to these shores sparked unprecedented celebrations and real admiration that here was a role model who was the epitome of all things that are good in sport. What makes a champion in sport? In his autobiography, Hoy returns to his roots as a child fully engaged with the BMX craze of the 1980s; when, even as a spotty seven-year-old his will to succeed allied to an unyielding mental strength set him apart from other youngsters of his age. A promising rower and rugby player in school, it was when he joined his first local cycling club and spent most weekends of the year competing in national events from Blackpool to Bristol that the seeds of his future career were sown.

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