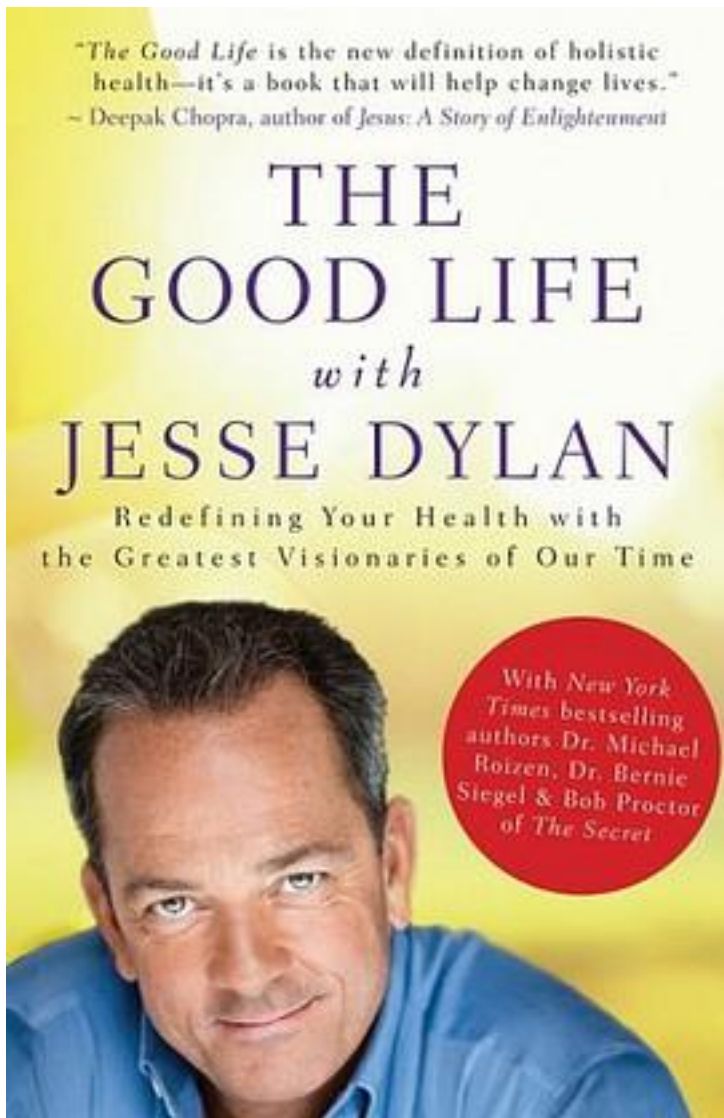


# The Good Life with Jesse Dylan



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" " Jesse Dylan has attracted the most amazing, powerful, and influential leaders in the categories that matter most. It's brilliant-people will love this book " " Leeza Gibbons, television and radio host " " " " "The wisdom and practices in this book will usher you into a holistic way of life that supports your purpose on the planet-to flourish and glow as you deliver your talents, gifts, and skills for the benefit of all beings." " Michael Bernard Beckwith, author of " Spiritual Liberation: Fulfilling Your Soul's Potential " " " "The next generation of holistic health begins with" The Good Life Here you'll find answers to the vital question of how to unlock your deepest health potential: "The Good Life "is a sweeping, scientifically accurate roadmap written by internationally renowned experts who have gathered-for the first time-to share their vision and wisdom. " " "Dr. Bernie Siegel " "Dr. Michael Roizen " "Robert Moss " "Dr. Joan Borysenko " "Bob Proctor " "Lynne McTaggart " "Dr. Pamela Peeke " "and many more" " " A healthy and strong body, a flexible and positive mind, and a profoundly joyful spirit are key elements of health that directly affect one another. Caring for ourselves holistically-deepening and expanding our understanding of ourselves-creates a ripple effect extending past our own enrichment, healing our families, our loved ones, our communities, and beyond.

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