

# Cognitive Therapy Review Of Psychiatry (American Psychiatric Press Review of Psychiatry)



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著者:Wright, Jesse H.; Thase, Michael E.; Oldham, John M., M.D.

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This collection of essays on cognitive therapy and its applications is reprinted from Volume 16 of the APP Review of Psychiatry. The topics discussed include: cognitive therapy for substance-abuse disorders; cognitive approaches to personality disorders; cognitive behavioural treatment of eating disorders; and cognitive therapy for chronic and severe mental disorders.

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