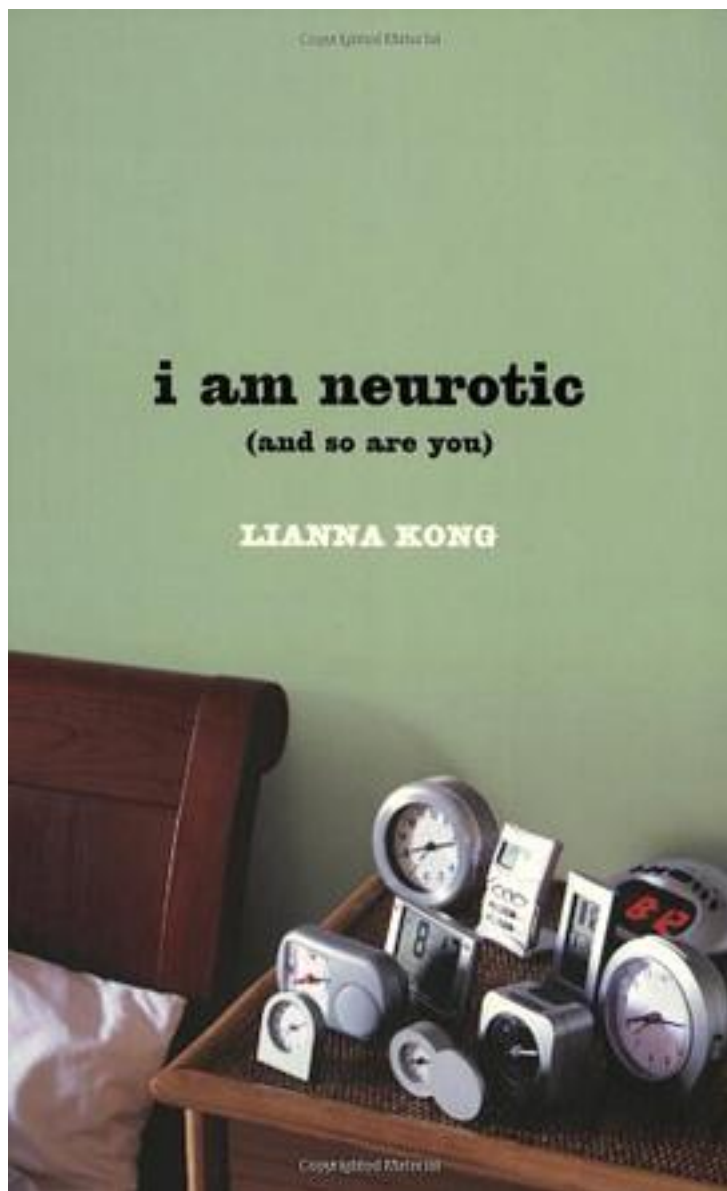


i am neurotic



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"Hand-Washers Unite, Online" - Rolling Stone "Does it make me neurotic that I find this site immensely soothing to read? Soothing" - Scott Lamb, Buzzfeed You can't get through the day without checking to see if your front door is locked three times. You take exactly two tablespoons of cream in your coffee which must be swirling while you pour or else it just doesn't take right. The worst part is that you have to do all your neurotic habits discretely because you don't want people to know. You're not alone though. iamneurotic.com is a collection of anonymously submitted neuroses revealing the habits that we take care to hide from others. While sitting in the bathroom stall waiting for everyone to leave, Lianna Kong realized her own neurosis: she can't use the bathroom when other people are around. I am neurotic was born. What started as a blog where Lianna and her friends could share and joke about their own neuroses turned into a form of confessional therapy for others. People eager to unburden themselves of their hidden habits began to anonymously confess their neuroses and in turn learned they were not the only ones to sniff their floss or avoid the cracks in the sidewalk. I am neurotic congregates the best neuroses from the website and unseen submissions accompanied by photographs. The result is a book that will demonstrate how neurotic behavior is highly amusing, shocking at times, and ultimately a great human equalizer.

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