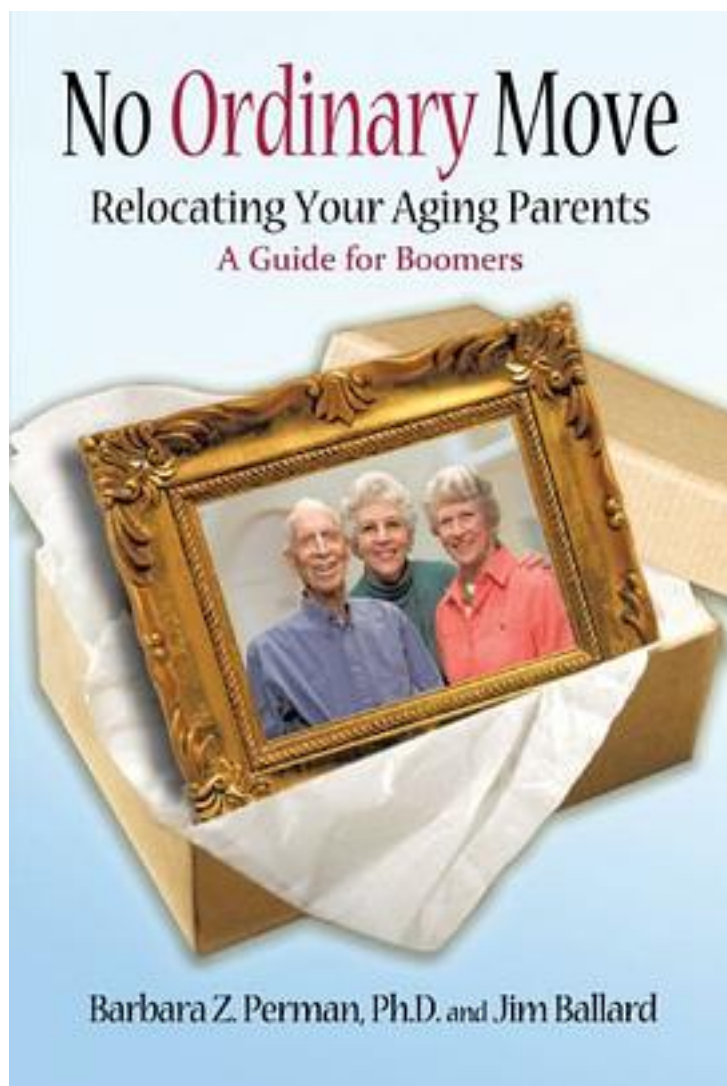


# No Ordinary Move



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Of 78 million Baby Boomers, one turns 50 every seven seconds. 70% of people over 75 still own their own home. Taken together, these facts spell perplexity for millions of adult children. Increasing numbers of Boomers, themselves aging, with overbusy work lives and college-age children, must interrupt their schedules to move their aging parents out of households they can no longer manage. For most, the solution might seem simple: put Mom in a home, her stuff in a dumpster, and get back to the treadmill. Enter NO ORDINARY MOVE; Relocating Your Aging Parents, a book that helps readers slow down and reconsider this situation, not as a grim crisis but as a rare opportunity. It's the story of Sandy, whose 50-yard dash of a life is further complicated by the realization that her parents can't remain in the home in which she and her brothers grew up. Her father's resistance, her mother's growth in self-assertion, and her brother's transformation from resentment to active participation in the move highlight the triumphs and breakdowns along the way to the final, healing move. The heart-changing secrets to be learned from such an experience, balanced with the shortcuts and facilitative strategies that make it "no ordinary move," are provided by a character called Moving Mentor, a sort of Yoda of Moving. Her working with the family to manage the mutual influence of inter-generational values, together with excerpts from her website and journal, show readers a way to make participation in their parents' move a turning-point, a chance to renew and reunite. The second part of the book, For Adult Children Only; 101 Ways to Get Your Parents Moving, features lists of hands-on tasks, each with its rationale, arranged under the eight stages of a healthy move.

作者介绍:

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