

How to Win Friends and Influence People for Girls



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著者:Donna Dale Carnegie

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Every parent knows that the teenage years are difficult for their daughters. It is a time when girls are insecure - they are anxious to fit in, but desperate to stand out and assert their independence. Now the experts from Dale Carnegie bring their time-tested techniques to teenage girls in order to help them become self-assured and savvy leaders rather than followers of the pack. Millions of people around the world have - and continue to - improve their lives based on the teachings of Dale Carnegie. In this new book Dale's daughter Donna presents the rules for success to teenage girls in straightforward, simple language. The book addresses how teenage girls can deal with: peer pressure; bullying; gossip; popularity; and, most importantly, boys! In addition, the book provides concrete countermeasures for avoiding pitfalls of the teenage social world, with anecdotes, quizzes and questionnaires to ground the techniques.

作者介绍:

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