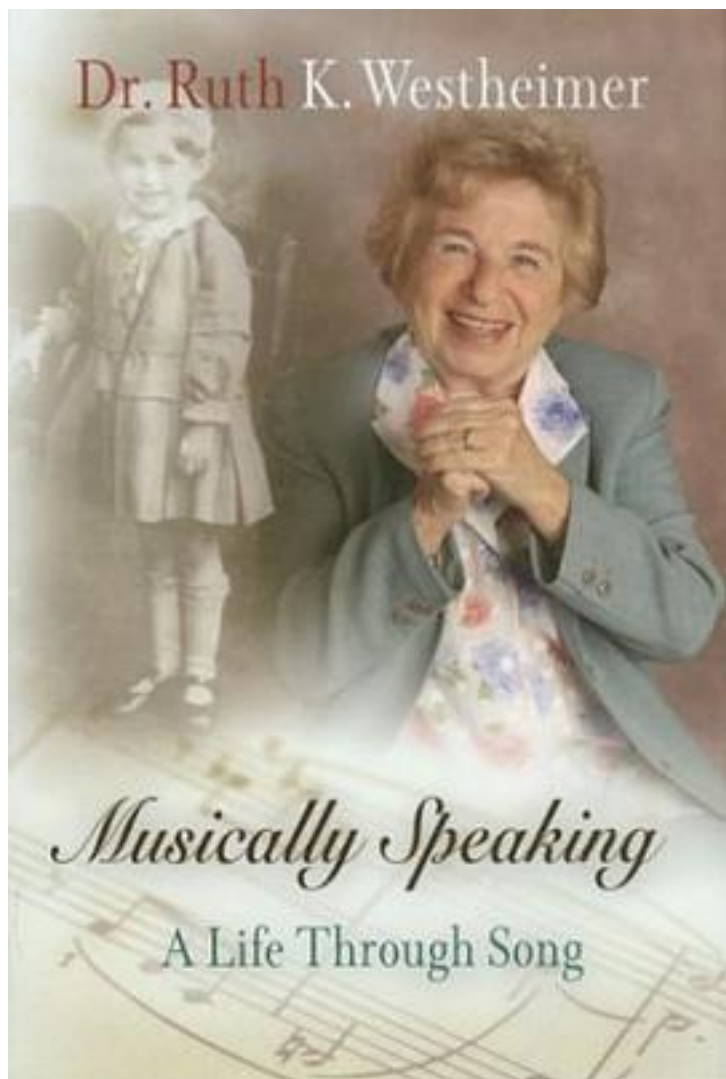


Musically Speaking



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著者:Dr. Ruth K. Westheimer

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Musically Speaking A Life Through Song Dr. Ruth K. Westheimer "Touching and frequently witty."--Publishers Weekly "Dr. Ruth sees music as a kind of conscience. Melody is something she has measured her life on. It's an extraordinary story, her story."--Bono "Dr. Ruth shows us how and why music functions in her life, with lessons for all of us. A real gem of a book."--Wynton Marsalis "A wonderful book, both moving and delightful. With her customary charm and brio, Westheimer shares with us how a life can be shaped by music. Brava!"--Zubin Mehta "Who would have thought that when Dr. Ruth finally explained the rhythm method, she'd be talking about music? To read her is to know her, to know her is to adore her."--Harvey Fierstein "Music, I have come to realize, is for me a kind of golden thread running through my life. It has helped maintain my connection with the past that otherwise might have been severed by catastrophe and time. I am often asked--indeed, I often wonder myself--why it is that I should always have had such joie de vivre in the face of the losses and dislocations I had to endure in my early years. The answer I always gave was that the warmth and security of my early childhood had a remarkable power and influence. This is certainly true. But now I have realized that there is another part to the answer. And that is music."--from the introduction Who among us does not have a song that triggers vivid memories--of jubilation, of belonging, of sorrow, of love? In *Musically Speaking*, Dr. Ruth K. Westheimer, one of America's most beloved personalities, has written a warm and contemplative book about the role music has played in her life and the ineradicable traces it has left on her thoughts, emotions, her very being. In this memoir through song, Dr. Ruth invites us to share her story from a uniquely musical perspective. By the time she was thirty, Ruth Westheimer had lived in five countries, each with a distinctive musical culture, each with a different hold on her sensibility. For the first ten years of her life, the comforting melodies of childhood helped drown out the anthems of Nazism to be heard elsewhere in her native Germany; as an adolescent refugee in Switzerland, she came to be aware that, however loudly she sang the patriotic songs of the land that gave her shelter, she could never truly be at home there. Present at the creation of the modern state of Israel, she sang and danced to the new music of a new nation; as a young woman eagerly absorbing all that Paris had to offer in the way of romance and worldliness in the early 1950s, the songs of Edith Piaf, Mouloudji, and Yves Montand were her tutors. An almost accidental emigration to America brought new challenges and new stability, as she became a wife, mother, and professional; tremendous and unforeseen celebrity came later, and with it the giddy opportunity to indulge her love of music as never before. Dr. Ruth K. Westheimer is a psychosexual therapist who pioneered the field of media therapy. She is author of 24 books. An Adjunct Professor at New York University, she also holds visiting appointments at Princeton and Yale. *Personal Takes* 2003 | 152 pages | 5 1/2 x 8 1/2 ISBN 978-0-8122-3746-7 | Cloth | \$24.95t | GBP16.50 ISBN 978-0-8122-0835-1 | Ebook | \$24.95t | GBP16.50 World Rights | Biography, Music

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