

Fierce



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著者:Kelly Osbourne

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When you're little, you think your family is just the same as everybody else's. Doesn't everyone's mum plan secret exits for when things get tough? Surely all dads embarrass their daughters at their birthday parties? But as you get older, you begin to notice that

what's normal to you is completely f***ed up to the outside world, and that sometimes you just can't explain that what other people think of as weird is actually all about love. Who is Kelly Osbourne? I'm still not totally sure. But I do know who I'm not, and I want to help other people make the right decisions with the difficult choices we all face when growing up. So I've gone out and got the best advice I can find from people I love, respect and always listen to. I've included Louis Walsh's advice on making it in the music industry, tips from Neil, my sought-after make-up artist at MAC and many others. And for when things get really serious I've gone to the organisations that really can help. This book isn't just about me, it's about you. So whatever you're worried about, whatever you want to change, and whatever you want to shout about, me and my friends are here to help.

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