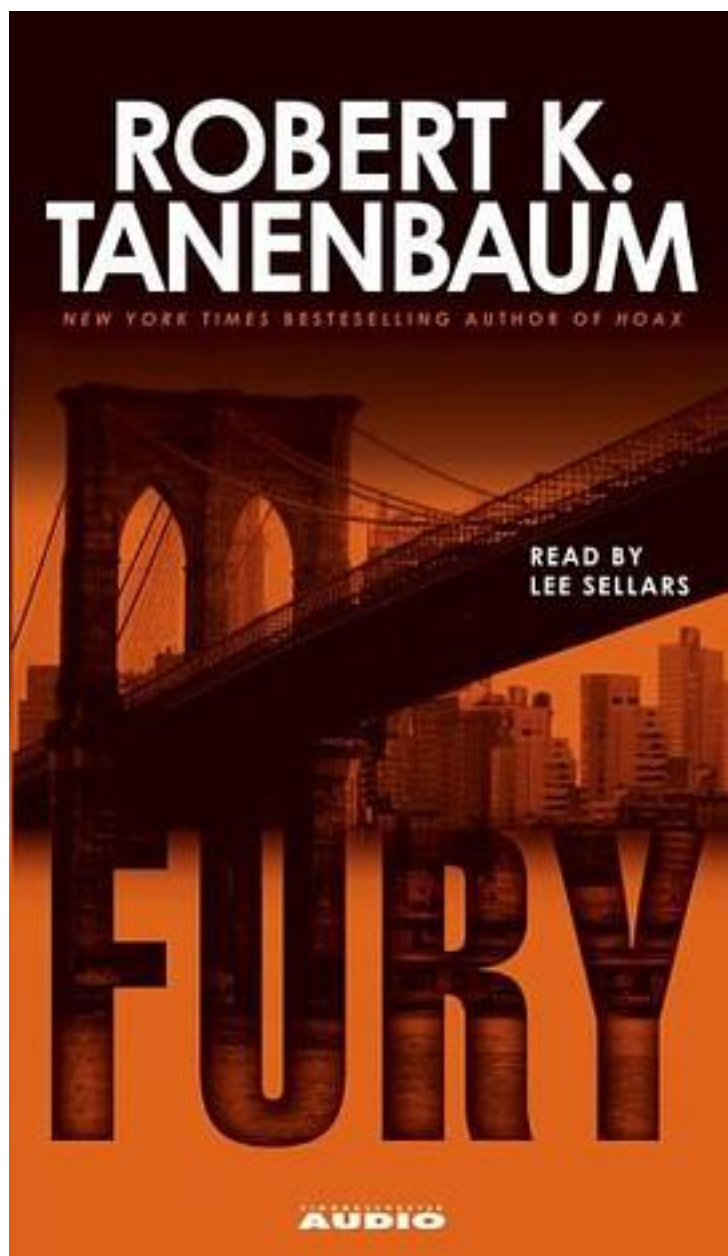


Fury



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著者:Koren Zailckas

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The author of the iconic New York Times bestseller *Smashed* undertakes a quest to confront her own anger.

In the years following the publication of her landmark memoir, *Smashed: Story of a Drunken Girlhood*, Koren Zailckas stays sober and relegates binge drinking to her past. But a psychological legacy of repression lingers—her sobriety is a loose surface layer atop a hard-packed, unacknowledged rage that wreaks havoc on Koren emotionally and professionally. When a failed relationship leads Koren back to her childhood home, she sinks into emotional crisis—writer's block, depression, anxiety. Only when she begins to apply her research on a book about anger to the turmoil of her own life does she learn what denial has cost her. The result is a blisteringly honest chronicle of the consequences of anger displaced and the balm of anger discovered. Readers who recognized themselves or someone they love in the pages of *Smashed* will identify with Koren's life-altering exploration and the necessity of exposing anger's origins in order to flourish in love and life as an adult. Combining sophisticated sociological research with a dramatic and deeply personal story that grapples boldly with identity and family, *Fury* is a dazzling work by a young writer at the height of her powers that is certain to touch a cultural nerve.

作者介绍:

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