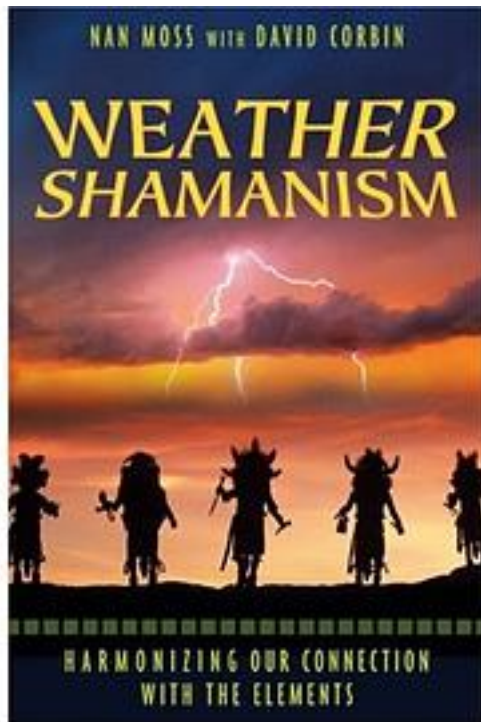


# Weather Shamanism: Harmonizing Our Connection with the Elements



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With the growing consensus that global warming is a fact, comes the realisation that the increasingly violent weather we are experiencing is its chief manifestation. Each storm, each flood, each blizzard seems to break 100-year-old records for both intensity and damage. Reducing emissions of greenhouse gases may be too little, too late. Through a unique blend of anthropological research, shamanic journeys and personal stories and anecdotes, Moss and Corbin show how humans and weather have always affected each other and how it is possible to influence the weather. They present

teachings directly from the spirits of weather that show how our thoughts and emotions affect weather energetics. They, also, reveal the ceremonial and therapeutic aspects of weather dancing, a practice used to communicate with the weather spirits. "Weather Shamanism" is about transformation of ourselves and, thus, our world. It is about how we can develop an expanded worldview that honours spiritual realities in order to create a working partnership with the spirits of weather and thereby help to restore well-being and harmony to Earth. This book reveals that, intentionally or not, we affect the weather not only through our actions but, also, through our thoughts and emotions. It explains shamanic techniques for working with the spiritual nature of weather. It features a special section on 'weather dancing' details both its ceremonial and therapeutic aspects.

作者介绍:

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