

Snowboarding



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The definitive manual for the beginning to intermediate snowboarder With millions flocking to the sport each year, snowboarding has become one of the of most popular winter pastimes. Written for the beginning to intermediate practitioner, Snowboarding focuses on the techniques of the sport, from park and pipe riding to boardslides and tail presses. Liam Gallagher details everything from the basics of understanding snow conditions and park responsibility to the fundamentals of riding, with a complete explanation of jumps and rails. Featuring a history of the sport, a breakdown of choosing and caring for your gear, and testimonials from professional riders, this is the comprehensive guide to get you out on the mountain. *Tips on the latest gear and developments in the snowboarding industry

*A useful manual for those serious about improving their technical skills on the mountain

*Clear, authoritative approach to learning the techniques of the sport

作者介绍:

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