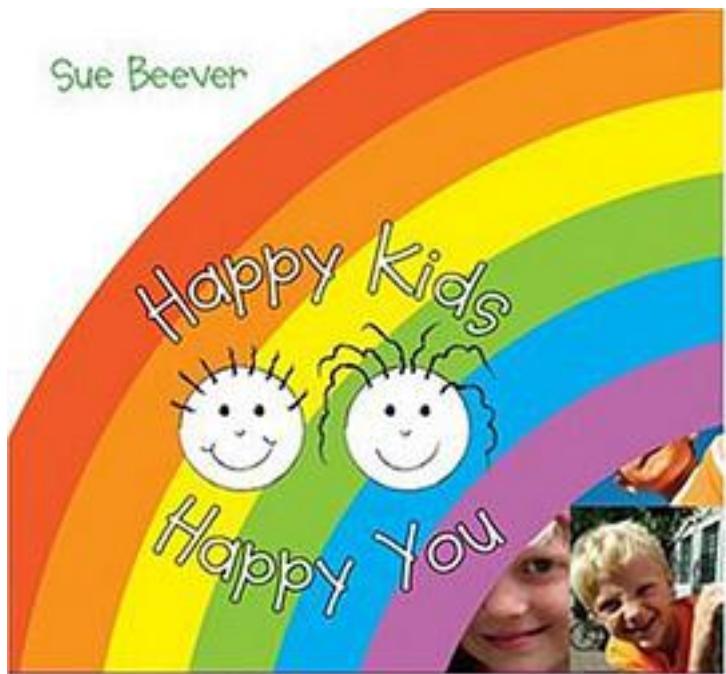


Happy Kids Happy You



Using **NLP** to bring out the best
in ourselves and the children we care for



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"Happy Kids Happy You" is a unique approach, giving parents practical Neuro

Linguistic Programming (NLP) -based methods to enable them to develop their own solutions, rather than giving prescriptive advice. Every child, every family situation, is different and parenting is a journey of constant change. There is no 'right answer', only what works for you and your family. This book gives parents methods they can own - a toolkit of methods flexible enough to cover all situations. It helps parents to: get great results with their children; get their family life running more smoothly; and feel more confident and positive so that they have fun and enjoy being a parent more of the time! It focuses equally on the needs of the parent as well as the child: happy kids, happy you. It makes a profound and beneficial impact on family life which works for the parents as well as the children.

作者介绍:

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