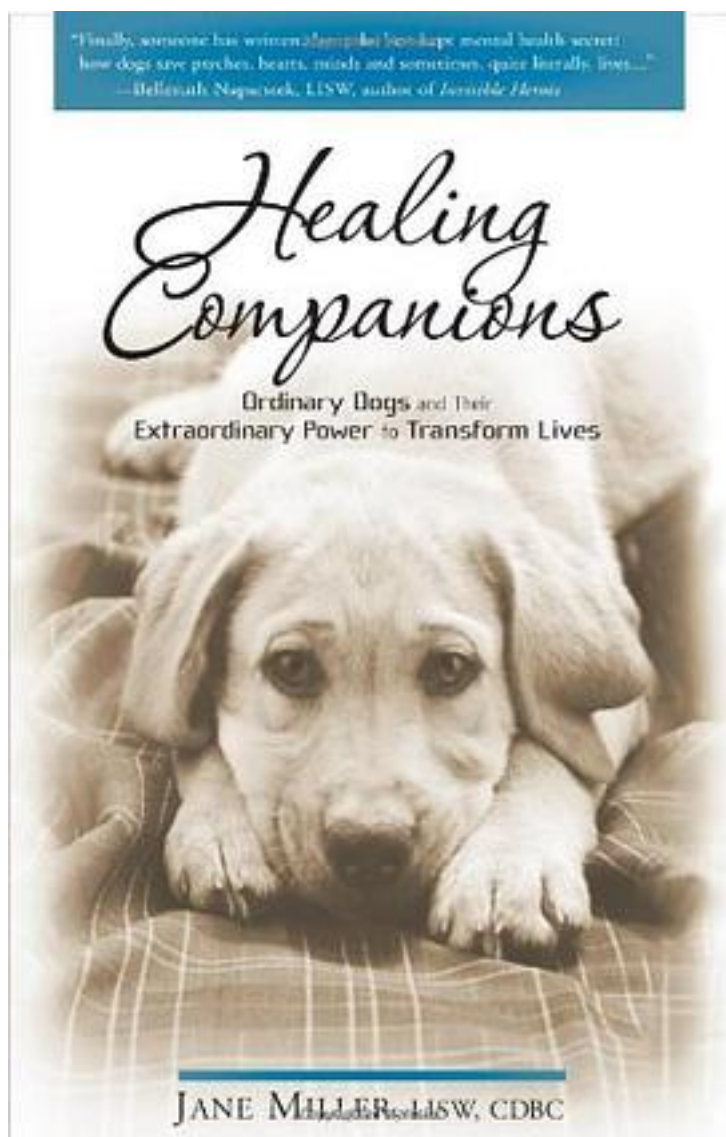


Healing Companions



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As the more than 65 million dog owners in America will attest, there's something about the presence of a dog that inspires confidence, nurtures emotional well-being, and brings out the best in ourselves. But for some people, the presence of a dog can do even more. Written by the leading expert in an emerging new field of therapy, "Healing Companions" is the first book to detail how dogs are increasingly benefiting those who suffer from a range of emotional ills, from eating disorders and anxiety to agoraphobia, depression, and post-traumatic stress. "Healing Companions" will teach you: What criteria to consider when choosing the right dog for you. What kind of training service dogs require. What to expect and how to respond when you take a service dog out in public. How a dog can compliment other forms of therapy. How to navigate the procedural regulations that apply to a service dog. And much more.

作者介绍:

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