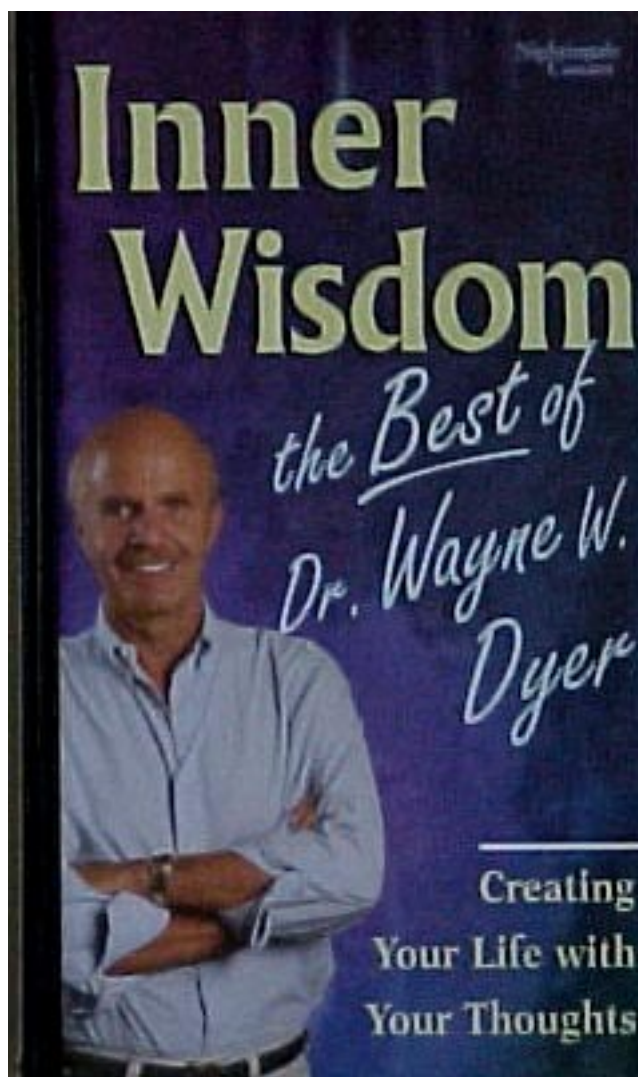


Inner Wisdom



[Inner Wisdom_下载链接1_](#)

著者:Wayne Dyer

出版者:Nightingale Conant

出版时间:1997-1-1

装帧:Audio Cassettes

isbn:9781905953820

Through live and studio recordings, Dr. Dyer will guide you to a higher level of consciousness and self-awareness as he offers illuminating insights on such topics as self-actualization, knowing, purpose, love, and change. You will discover how to master your expectations while expanding your self-concept, achieve phenomenal mental health, live in harmony and abundance instead of disharmony, empower your children to succeed in life, tap the incredible power of visualization to get what you desire and much more.

Session 1: Creating Your Life with Your Thoughts

Session 2: Finding Your Purpose

Session 3: Moving Beyond the Negative

Session 4: Embracing an Attitude of Enjoyment

Session 5: Being in the Moment

Session 6: Cultivating Knowing

Session 7: Living from Your Highest Self

Session 8: Opening Yourself to Enlightenment

Session 9: Building Loving Relationships

Session 10: Making a Difference

作者介绍:

目录:

[Inner Wisdom_下载链接1](#)

标签

英文

自助

思想

心理

心灵

Audiobook

评论

[Inner Wisdom 下载链接1](#)

书评

[Inner Wisdom 下载链接1](#)