

The Baseball Book



[The Baseball Book_下载链接1](#)

著者:Briand, Kevin

出版者:

出版时间:

装帧:

isbn:9781552976906

"Major league help for anyone learning -- or coaching -- the game." Millions call baseball the greatest game on earth and the national pastime. But perfecting the art of playing it takes time, patience, and lots of practice. In The Baseball Book, Kevin Briand covers everything kids need to know to play and practice America's favorite sport. The Baseball Book features: Proper techniques in all the important skill areas, infielding and outfielding, pitching and catching, hitting and baserunning Step-by-step photography and clear, concise text for all techniques Team drills Tips on warming up and stretching information on selecting the right equipment A short history of the game, glossary of baseball terms, and contact information for baseball leagues and associations A perfect introduction to a timeless game, The Baseball Book will help baseball beginners become baseball players.

作者介绍:

目录:

[The Baseball Book_ 下载链接1](#)

标签

评论

[The Baseball Book_ 下载链接1](#)

书评

[The Baseball Book_ 下载链接1](#)