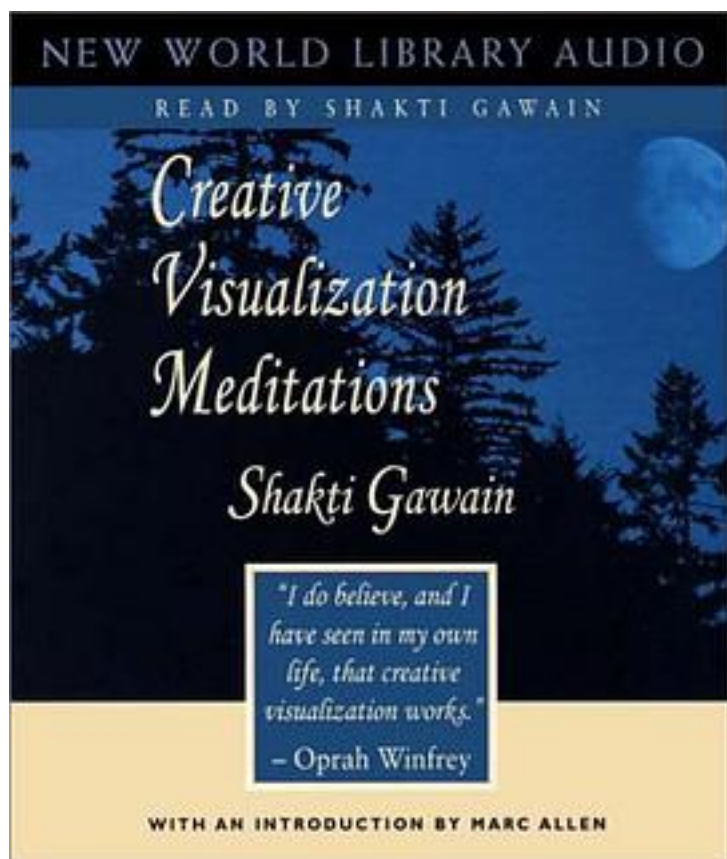


Creative Visualization Meditations



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This companion to Creative Visualization details the practical technique of using mental imagery and affirmation to produce positive life changes. In each meditation, the author describes specific images and directs the listener through the meditation process.

作者介绍:

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