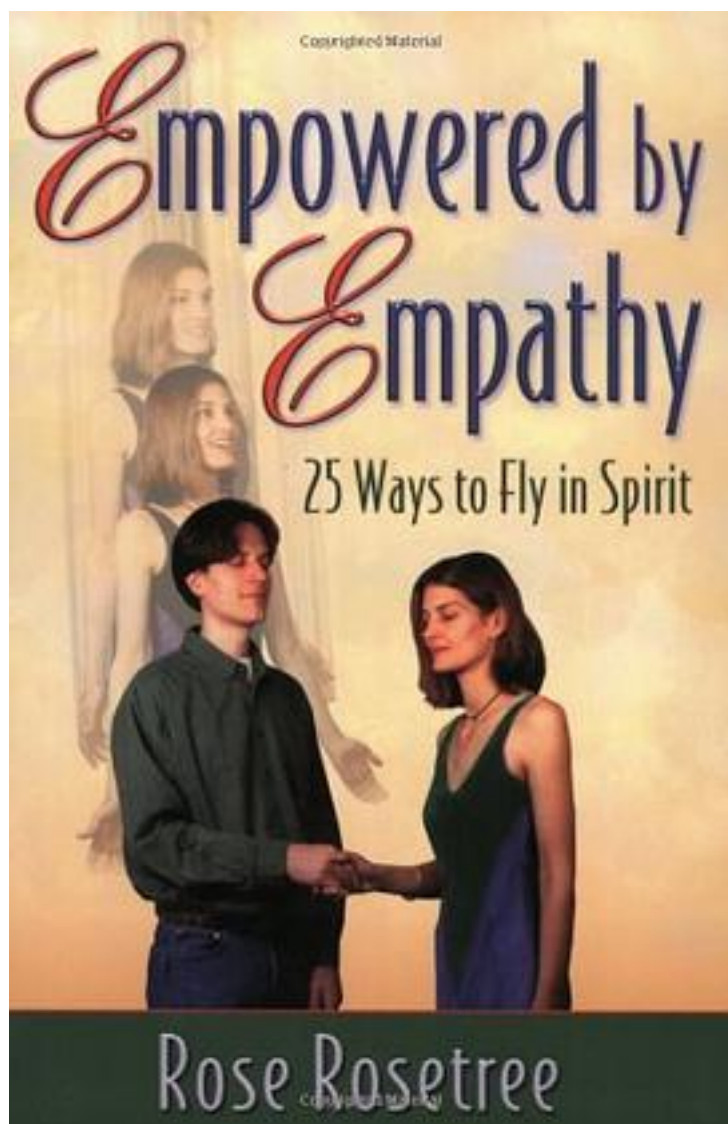


# Empowered by Empathy



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An estimated one in 20 people has a natural talent for perceptiveness. Could you be one of them? Usually they are unskilled empaths, which means they suffer from such problems as emotional instability, apparent co-dependence, low self-esteem, or hypochondria. This book explains how to improve the quality of life by turning off unwanted empathy. The how-to techniques also demonstrate how to turn empathy on. At will. Bigger than ever before. Interspersed with her teaching, Rosetree describes elusive spiritual travels that are sometimes humorous, sometimes moving, and consistently mind-boggling. Rosetree's pioneering discoveries will also revolutionise how you understand empathy. You will learn why it happens and how it goes far beyond 'Emotional Intelligence' or 'sympathy'. True empathy, you will discover, comes in many varieties, including physical, intellectual, spiritual, and emotional gifts. Although an increasing number of authors today discuss empathy, Rosetree is the one who will satisfy you if you are really an empath. The depth and scope of her work will bring you relief.

作者介绍:

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