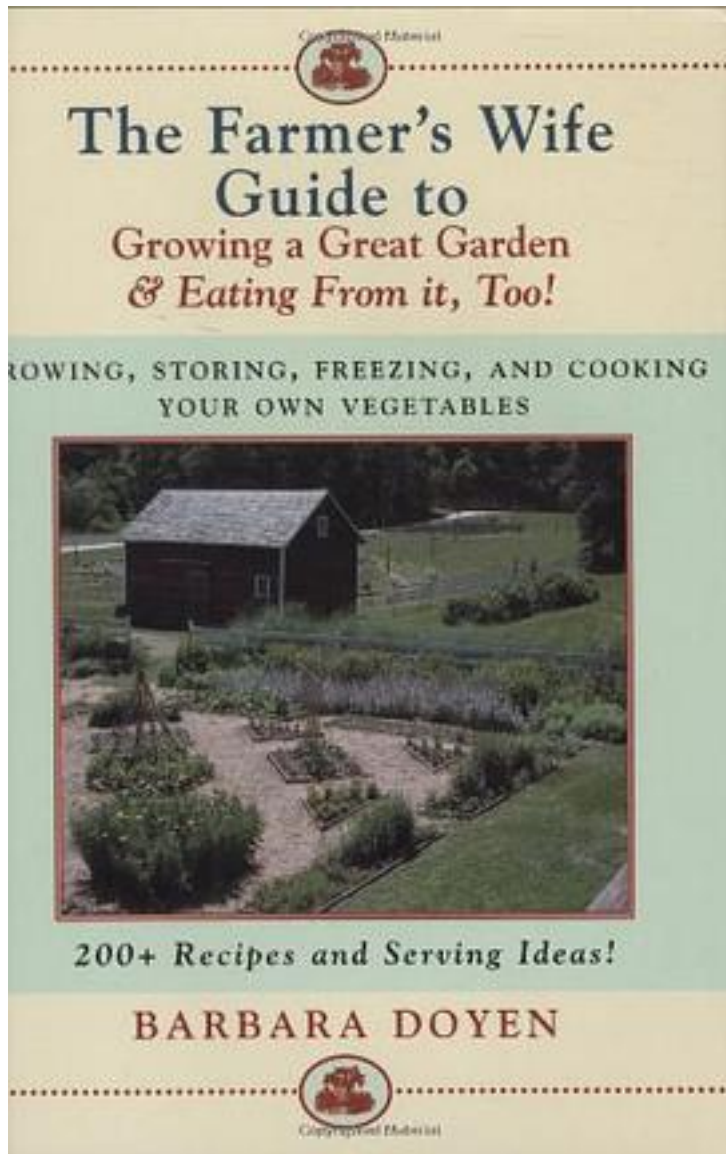


# The Farmer's Wife Guide to Growing a Great Garden and Eating from it Too!



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Within this book, Barbara Doyen, a real farmer's wife, gives detailed instruction for growing a wide variety of delicious vegetables, along with terrific recipes. From the domestic to the exotic, the Farmer's Wife's expertise is always thoroughly explained and calculated to bring out the best in whatever plant she s working with. Includes growing, storing, freezing, cooking instructions and 200+ recipes and serving ideas for: asparagus, beans, broccoli, sprouts, cabbage, carrots, cauliflower, corn, cucumbers, lettuce, onions, parsnips, peas, peppers, potatoes and tomatoes.

作者介绍:

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