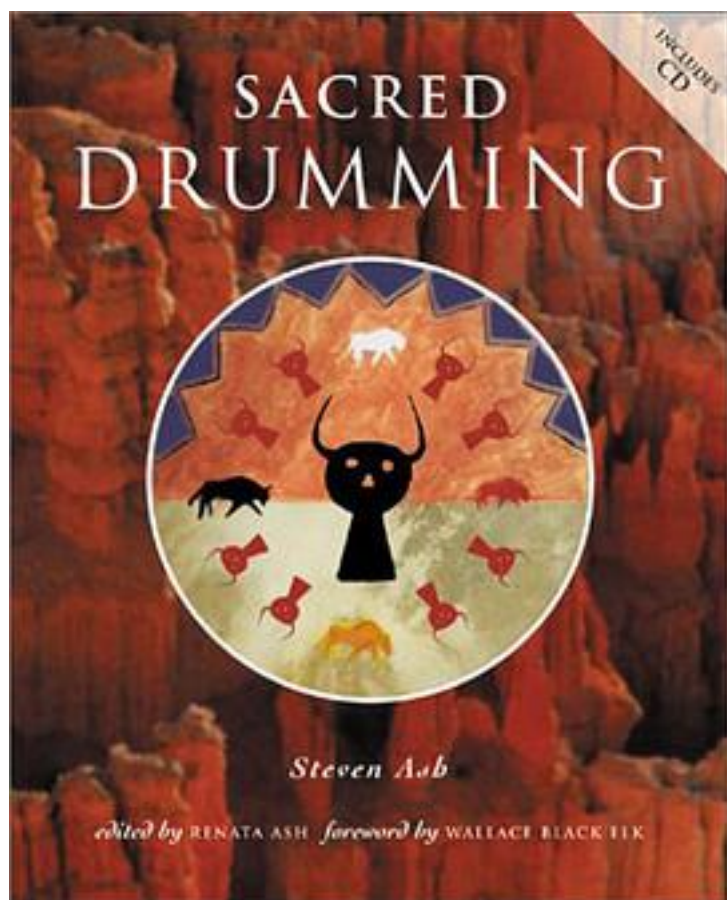


Sacred Drumming



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Take a guided tour from a writer who grew up and studied on Native American reservations and join those throughout the world--from Siberia to South America, Australia to Africa--who venerate the drum for its healing and celebratory powers. Through painting, cleansing, blessing, smudging, dedicating, chanting, and

performing, you'll find your own special beat, transforming the drum into a medicinal tool. Become one with a purchased or homemade instrument. Draw on the knowledge of Native American and other cultures to drum away fear, purify, establish a sacred space, and reach into areas of the consciousness that would otherwise be inaccessible. Extra special bonus: a CD with more than an hour's worth of music for a Sacred Directions ceremony, meditation, trance, and more.

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