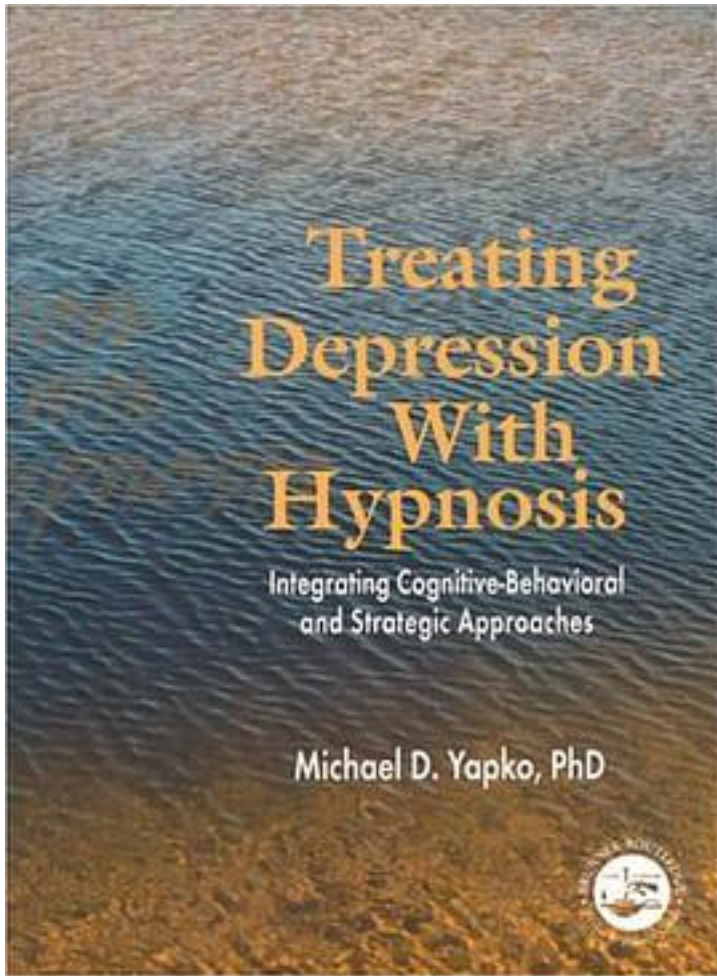


Treating Depression with Hypnosis



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(Brunner-Routledge) Author is in private practice in Solana Beach, CA. Offers mental health professionals, particularly psychotherapists and psychologists, hypnotic

strategies for use as part of treatment strategies for depression. Features examples of different strategies, and research to back up the material. Softcover.

作者介绍:

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评论

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书评

因为亚普科教授是在抑郁症临床领域最有名的催眠取向专家，所以专门找来这本已经绝版的书来看看。意外的是这竟然只是一本十几位专家的论文集，亚普科教授成名的同名书原来并没有翻译成中文。不过这个意外也是一个不错的体验，可以看到在这个领域大家都在干什么。而且很有意思的...

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