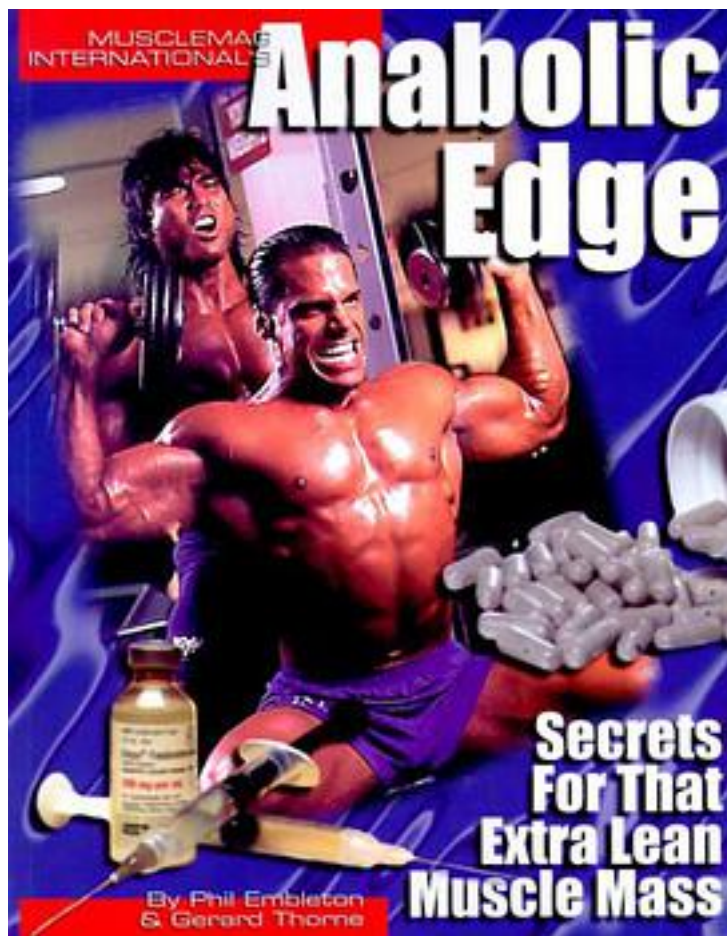


Anabolic Edge



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A follow-up to "Anabolic Primer", this book covers the full scope of legal and illegal ergogenesis. It aims to take an unbiased approach to the various supplements

bodybuilders and other athletes use to gain a competitive edge. The text draws on scientific research and is fully referenced. Topics such as health risks, legal implications and the effects on athletic performance are covered in detail.

作者介绍:

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