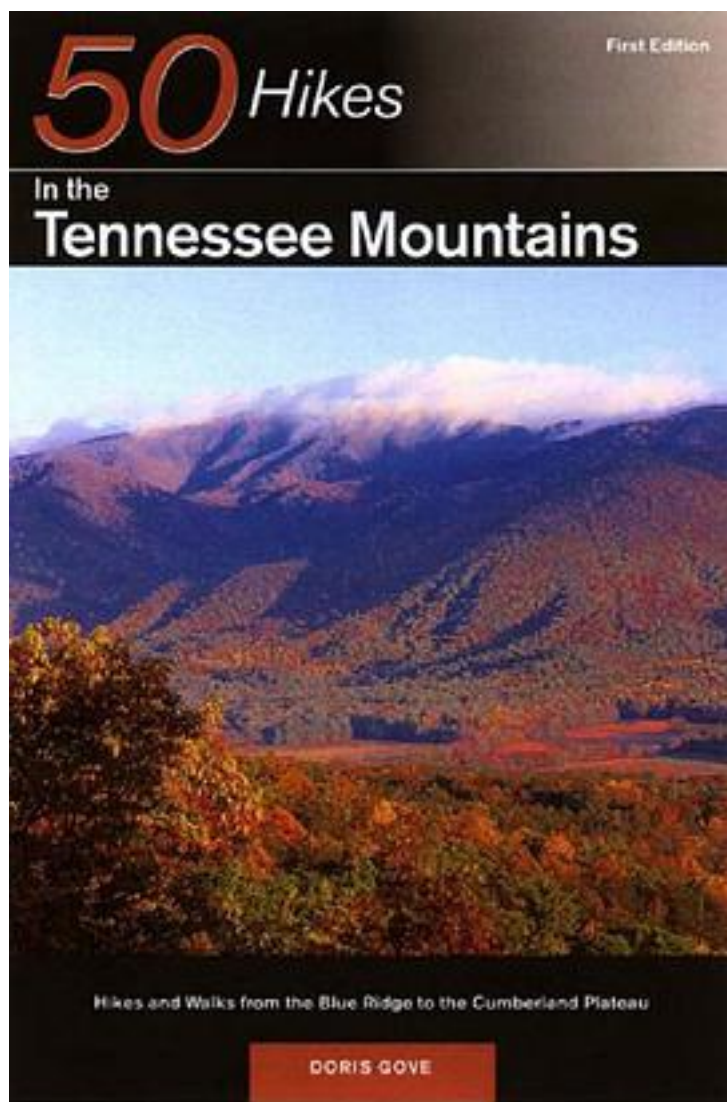


50 Hikes in the Tennessee Mountains



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The mountains of eastern Tennessee, with their miles of rugged trails, spectacular waterfalls and colourful wildflowers, offer some fine hiking. This guide covers 50 of the most appealing hikes in the area - in the Smokies, the Blue Ridge, Cherokee National Forest, Big South Fork, and Cumberland Gap. The routes range in length from less than a mile to 12 miles - some trails are even accessible to strollers and wheelchairs. An overview chart at the beginning of the book provides information on the 50 hikes at a glance. Each hike description includes directions to the trailhead, a detailed account of the route, a map and asides on natural and historical points of interest.

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