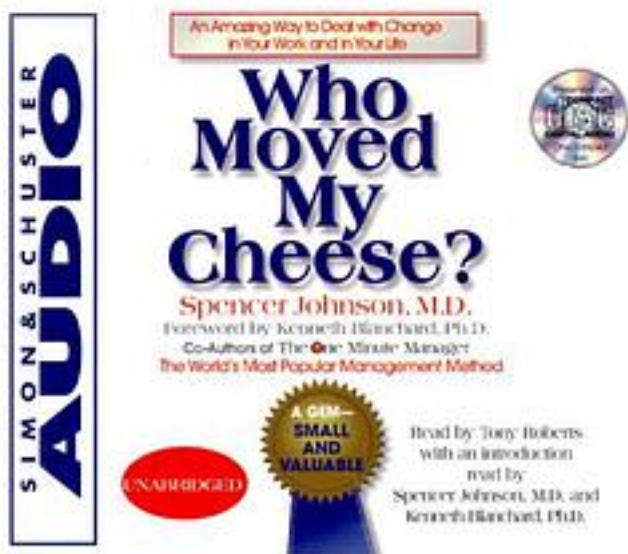


Who Moved My Cheese



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Who Moved My Cheese? is a simple parable that reveals profound truths about change. It is an amusing and enlightening story of four characters who live in a "Maze" and look for "Cheese" to nourish them and make them happy. Two are mice named Sniff and Scurry. And two are "little people" -- beings the size of mice who look and act a lot like people. Their names are Hem and Haw. "Cheese" is a metaphor for what you want to have in life -- whether it is a good job, a loving relationship, money, a possession, health, or spiritual peace of mind. And "The Maze" is where you look for what you want -- the organization you work in, or the family or community you live in. In the story, the characters are faced with unexpected change. Eventually, one of them deals with it successfully, and writes what he has learned from his experience on the maze walls. When you come to see "The Handwriting on the Wall," you can discover for yourself

how to deal with change, so that you can enjoy less stress and more success (however you define it) in your work and in your life. Written for all ages, the story takes less than an hour to listen to, but its unique insights can last for a lifetime.

作者介绍:

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标签

思维

思维定势

心理学

不同角度思考问题

转变

英语

美国

经典

评论

我就是在 凡事预则立 不预则废的教育中长大
但我suffer了很多计划赶不上变化的事情， 反而因为花时间精力去计划， 使行动更慢，
更赶不上计划的～ 身边有朋友从此就这样了， 放弃了计划， 只管做好眼前的，
然后看命运把我带到哪算哪吧～ 这么做也有不少成功的例子， 我也有想过这样，

后来我还是决定， 我的计划要比变化更快， 始终走在变化的前面！ 现在就是处于你让我现在马上收拾东西去Washington DC 明早参与总统竞选演说我都可以不慌不忙 仿佛我早有准备 我都可以心安理得仿佛我deserve所有这一切， 的这么一种状态～ 天下武功 唯快不破 江湖就是这么励志 >o

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书评

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