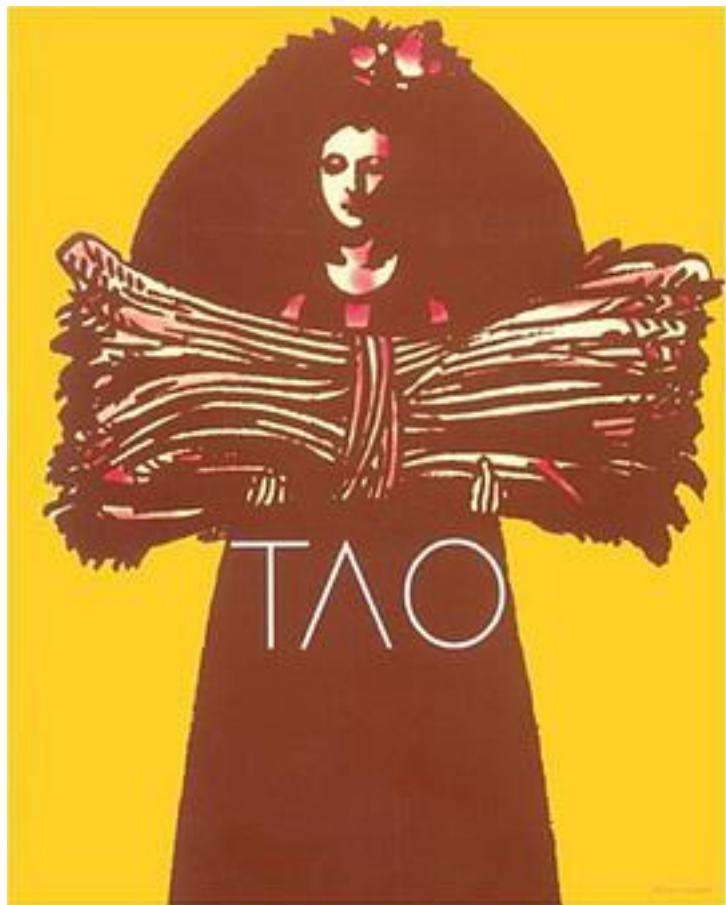


The Tao of Cooking



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出版者:

出版时间:1998-7

装帧:

isbn:9780253212375

The Tao of Cooking offers the adventurous cook a chance to experiment with three hundred meatless recipes from around the world. This easy-to-use culinary guide offers an assortment of recipes for breakfasts, soups, appetizers, entrees, side dishes, pasta, breads, and desserts. Menus for full meals, a glossary of ingredients, and a thorough

index help to make this cookbook indispensable for vegetarian households and all who enjoy good food.

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