

Easy Mediterranean



[Easy Mediterranean_下载链接1](#)

著者:Clark, Maxine 编

出版者:

出版时间:2009-2

装帧:

isbn:9781845978143

Easy Mediterranean takes you on a culinary tour through southern France, Spain, Morocco, Italy, Greece, Turkey, and beyond, bringing you all the flavour and variety of Mediterranean cooking. Appetizers and Snacks includes light bites, delicious dips, and appetizers such as Fresh Tuna Carpaccio. In Soups and Salads, find classic Bouillabaisse and Gazpacho, and summery Orange, Endive, and Black Olive Salad. The Mediterranean is renowned for its Fish and Shellfish; try Spanish Fishcakes or Braised Sea Bass with Fennel and Green Olives. Meat and Poultry brings together Greek Chicken Stifado and French Cassoulet. Tasty vegetarian options include Spinach and Feta Pie. Pasta, Bread and Pizza are an integral part of Mediterranean cooking, from Sicilian Spaghetti to a Turkish Pizza Turnover. The book finishes with tempting sweet treats such as Caramelized Fig Tart. *Simply irresistible dishes from around the sunny Mediterranean, from salads and meze to tagines and ice creams. *Over 100 delicious and easy-to-follow recipes for every occasion.

作者介绍:

目录:

[Easy Mediterranean_下载链接1](#)

标签

评论

[Easy Mediterranean_下载链接1](#)

书评

[Easy Mediterranean_下载链接1](#)