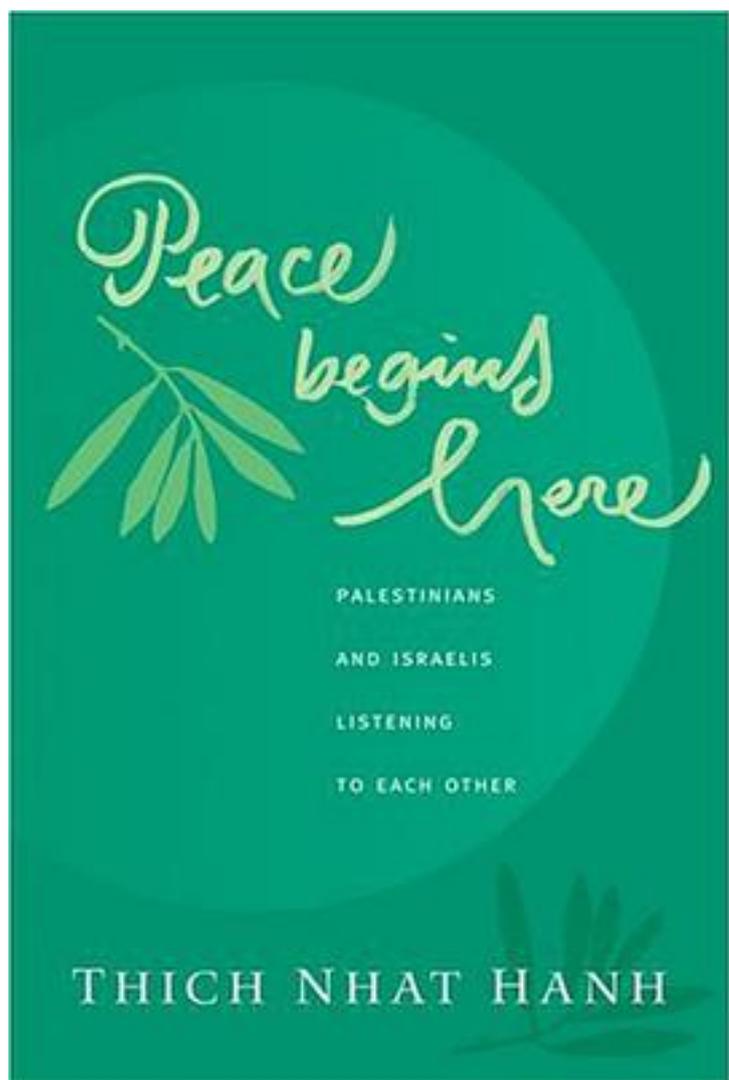


Peace Begins Here



[Peace Begins Here_ 下载链接1](#)

著者:Nhat Hanh, Thich

出版者:Parallax Press

出版时间:2004-11

装帧:平装

isbn:9781888375459

In Peace Begins Here, Nobel Peace Prize nominee and Zen master Thich Nhat Hanh demonstrates how a real peace process is based on spiritual, not political, strength. He offers the idea that peace in oneself is the basis of peace in the family, society, and the world. Based on an ongoing Buddhist retreat project for Israelis and Palestinians, this book suggests practical ways to handle our strong emotions and misperceptions. If we bring peace into ourselves we have a clearer understanding of ourselves as well as others.

作者介绍:

目录:

[Peace Begins Here_下载链接1](#)

标签

评论

[Peace Begins Here_下载链接1](#)

书评

[Peace Begins Here_下载链接1](#)