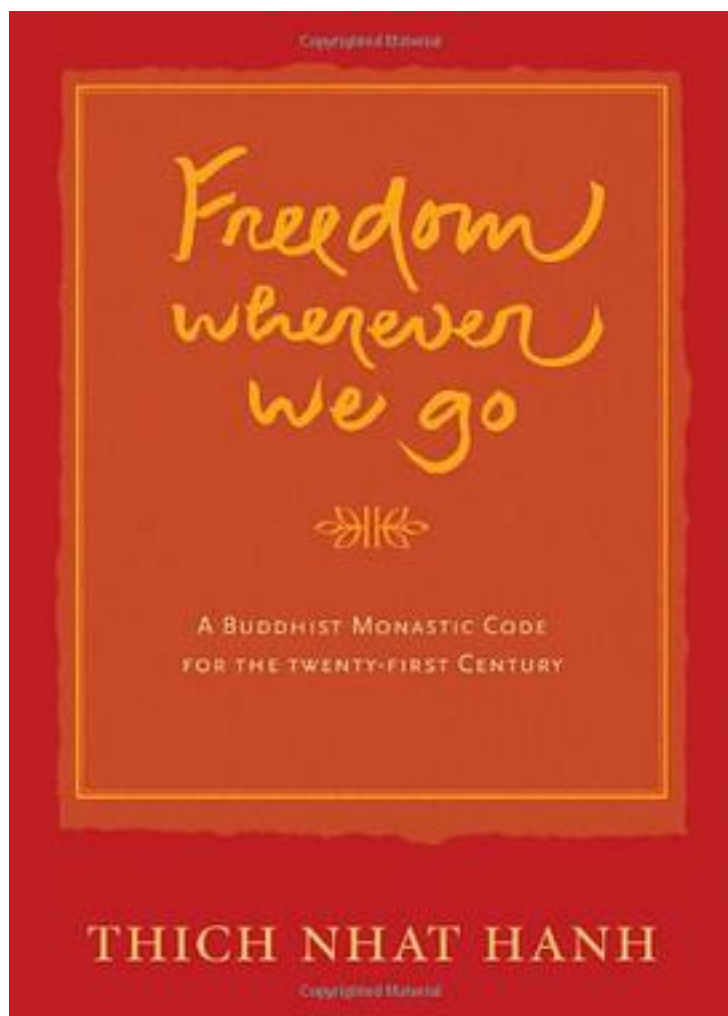


# Freedom Wherever We Go



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著者:Nhat Hanh, Thich

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A fascinating resource for Buddhist practitioners and non-Buddhists alike, Freedom

Wherever We Go takes the centuries-old Buddhist monastic guidelines of conduct and updates them for the twenty-first century. This is the first time in Thich Nhat Hanh's Vietnamese tradition that this text is made available to the general public. It will nourish the practice of all practitioners by allowing insight and understanding into the monastic codes of conduct as well as the monastic lifestyle. Zen Master Thich Nhat Hanh has developed a modernized version of the guidelines and rituals that make up the daily life of a fully ordained Buddhist monk or nun. They organize the life of the monastic community in such a way that enables each member to realize transformation and liberation. Just as the original precepts were developed from actual situations the Buddha encountered with his disciples, the guidelines in this book come directly from real occurrences in present day monastic communities.

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