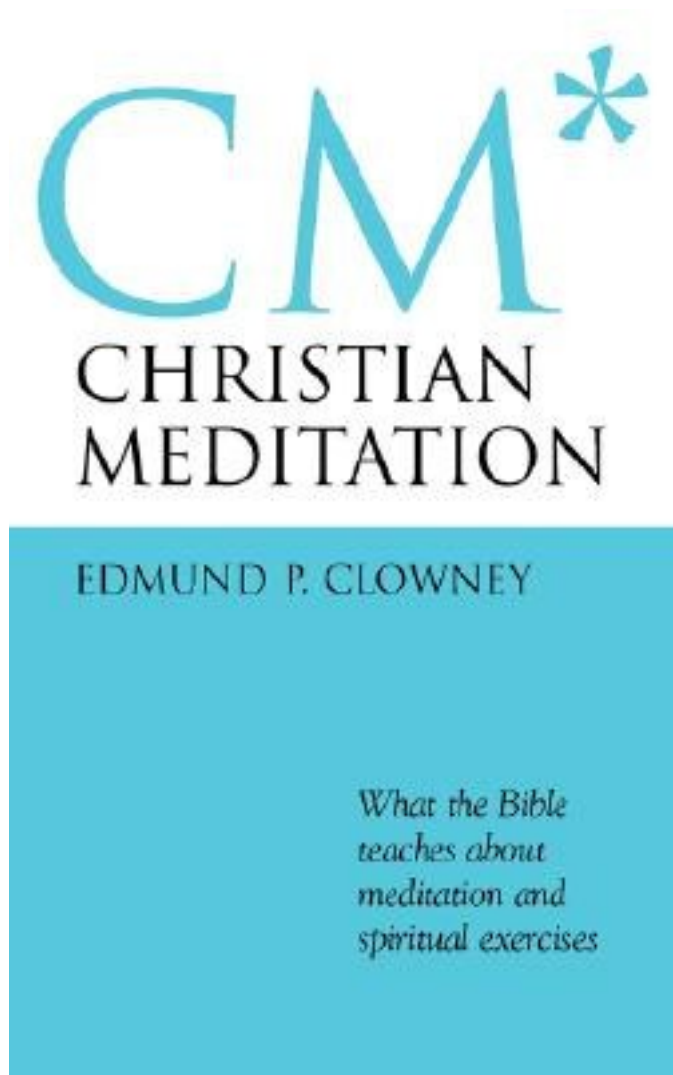


Christian Meditation



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著者:Finley, James

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Enter a Monastery Without Walls Christian Meditation introduces an ancient practice to a contemporary audience. James Finley, a former monk and student of Thomas Merton, presents the fundamentals of both understanding and practicing Christian meditation. He provides simple, helpful instructions, as well as explaining the deeper connection with the divine that meditation can bring. Above all, he makes clear that the aim of meditation is to allow us to experience divine contemplation -- the presence of God.

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标签

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评论

读过的默观入门书籍中，是这本最终激发我去实践默观。强烈推荐。<https://libgen.pw/view.php?id=436410>

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